



**Autism
Resource and
Services
Directory
Albany 2014**

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All details are correct at the time of printing. Whilst great care has been taken to collect correct information, Autism Support Network Albany Inc. (ASNA) will not take responsibility for any changes in details such as phone numbers or website links that occur after printing.

Expressions of Interest for 2015

ASNA will be taking Expressions of Interest for those who would like to place a listing in the directory for our next edition. If you are interested and would like more information, please email asnalbany@gmail.com and you will be contacted when preparations for the next edition begin..



P	08 9420 7203	M	0499 766 534
E	ddcwa@ddc.org.au	E	asnalbany@gmail.com OR info.asnalbany@gmail.com
W	www.ddc.org.au/	W	Search for Autism Support Network Albany or ASNA
FB	<i>Developmental Disability WA on Facebook</i>	FB	<i>ASNA Online Support Group (Closed)</i> <i>ASNA Main Page (Open Page)</i>

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Welcome and Introduction

Background

Autism Support Network Albany Inc. (ASNA) was set up in February 2010 through the experience of founder Suzie Durrant. When her own child was diagnosed with Autism Spectrum Disorder (ASD) several years earlier, she struggled to find support and resources. She realised there were other families who also needed these things, but most of all they needed to have someone to talk to who understood the challenges and joys of raising a child with ASD. Supported by several other passionate and like-minded parents of children with ASD, ASNA was formed.

Who is Autism Support Network Albany?

ASNA is a parent-run support group for parents and family of individuals with ASD and of those awaiting ASD diagnosis. ASNA is an Incorporated Association governed by a management committee and is a registered deductible gift recipient charity.

ASNA's four main objectives are to service the Lower Great Southern Region in the following ways by:

- Providing a forum for our members to give and receive support through mutual sharing of experience in caring for an individual with ASD.
- Providing access to information resources about ASD and the services available to those with ASD and their families.
- Promoting community awareness of ASD
- Advocating for improved access to education, health and therapy services for individuals with ASD.

Should you wish to become a member of ASNA please contact us.

Why the Directory was produced?

The Autism Resource and Services Directory Albany was born out of vision to provide the members of Autism Support Network Albany information that will guide them along the journey of caring for a child, adolescent or adult with an Autism Spectrum Disorder. From Pre-Diagnosis through to Post School Options, each section is designed to provide relevant information applicable for each stage or area that may be needed. It was created to provide a list of agencies and service providers who identify their ability and desire to provide services to the carers of, and those living with, an ASD.. Whilst every effort has been made to include applicable services in this Directory, for a variety of reasons, some service providers and agencies have been unable to take part. As such this Directory should be used with the understanding that this is not an exhaustive list of all the available ASD related services in the Albany Region. Whilst we have taken great care in preparing the details of this directory, we cannot endorse or encourage any particular service provider or therapy type. These decisions must be made with the family and the individual in mind.

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Guide To Using This Directory

Welcome to the Resource and Services Directory, our aim has been to provide you with the most comprehensive information to make your journey easier. Please see below for an explanation of the listing format and how to understand the information in each listing.

Each listing will have the following information: contact details, a service description and additional information which may be relevant to Carers. We have used shading to show which services an organisation provides or are registered with.

		P		
		F		
		M		
		E		
Street Address			Postal Address	
FaHCSIA		Better Start		DSC
Better Access/Outcomes		Medicare EFT Claim		CCB
				CDMP
				DMS / ESS

FaHCSIA refers to Department of Families, Housing, Community Services and Indigenous Affairs and in reference to this directory this shows that the service is a FaHCSIA Provider.

Better Start refers to the Better Start for Children with Disability Initiative. When you see this it means that the service is a Better Start Provider.

DSC is referring to the Disability Services Commission. In the context of this directory this refers to services which may be accessible if those who you care for are registered with DSC.

CDMP means Chronic Disease Management Plan. As part of a services' listing if this is shaded this indicates that the provider is registered with Medicare. Allied health services are then accessible through them.

Better Access/Outcomes (Better Access to Mental Health Care Initiative) Indicates the service is a provider registered with Medicare. This can include psychologists and other allied mental health professionals.

Medicare EFT Claim refers to a provider offering instant Medicare claiming you do not need to visit the Medicare Office for your Medicare rebate if you use one of these providers.

CCB (Child Care Benefit) means a provider is registered to accept Child Care Benefit on your behalf. This also may mean you may be eligible for Child Care Tax Rebate.

DMS refers to Job Search Providers who have registered as a Disability Management Service. This service is for people who need the help of an employment service but do not expect to need long term support in the workplace.

ESS stands for Employment Support Service and is for people with a permanent disability and an assessed need for longer term, regular, ongoing support in the workplace.

Other Terminology Used

Throughout this publication the terms 'Autism' and 'Autism Spectrum Disorder' are used interchangeably. They have the same meaning. The term 'child' used in this publication may refer to both an individual who is under the age of 12 years and/or an older individual who is by relationship the child of his or her parents.

Website References

Any text in *italics* indicates a hyperlink which is a direct link to the internet website. Some links will also be in bold as headings to information or types of payments. If you are reading a printed copy of this directory you will find all website references at the end of the directory in the *bibliography* section.

		P F E W					
Street Address				Postal Address			
Type of School		Funding Source		Governance		School Years	

Type of School indicates whether a school is Mainstream or an Education Support Centre

Funding Source refers to where the school gains their funding from i.e. AISWA, Schools Plus, Catholic Education Office or Other

Governance relates to the governing structure of the school i.e. Public, Independent Public, AISWA or Catholic Education

School Years indicates what level of schooling the school provides

General Information

A diagnosis of Autism Spectrum Disorder in Australia is not possible without reference to the Diagnostic and Statistical Manual of Mental disorders (DSM-5). This manual is used by professionals in the process of assessment and diagnosis. Recent changes which occurred during the Revision of the Manual mean that there are implications for future diagnoses¹. This has caused considerable confusion and unrest for carers and parents alike.

As discussed by Positive Partnerships in a factsheet recently released there is reassurance for those previously diagnosed under the previous DSM IV criteria

“DSM-5 states that ‘Individuals with a well-established DSM-IV diagnosis of autistic disorder, Asperger’s disorder or pervasive developmental disorder not otherwise specified should be given the diagnosis of autism spectrum disorder.’ This means that people diagnosed with any of the three autism spectrum disorders described under DSM-IV criteria should receive a diagnosis under DSM-5, ameliorating many people’s fears that the new manual would mean a loss of a diagnosis for those previously diagnosed, particularly with Asperger Syndrome or PDD-NOS.”²

Recent information from the Department of Social Services³ states that:

If your child has been diagnosed with Autism, Autism Spectrum Disorder, Autistic Disorder, Asperger’s Disorder/Syndrome, Childhood Disintegrative Disorder, or Pervasive Developmental Disorder – Not Otherwise Specified (PDD-NOS) and diagnosed under either the DSM-5, or DSM-IV, there will be no change to your child’s eligibility for HCWA (Helping Children with Autism) or amount of funding you will be able to access.

Social Communication Disorder, a new diagnosis under the DSM-5, will be reviewed in 12 months to determine the appropriate early intervention policy response when more information and data is available on the children who will receive this diagnosis.

With this in mind, the current diagnostic criteria for Autism Spectrum Disorder and Social (Pragmatic) Communication Disorder has been included. It is worth noting that there are conflicting opinions on whether or not Social Communication Disorder is a form of Autism. There is further information available on the differences, similarities and implications as discussed by experts in the field. A few references to these articles have been listed.

Please consult a professional such as your paediatrician, or clinical psychologist if you have any further questions as they will have the most recent and relevant information at hand. This is particularly in reference to the new diagnosis of Social Communication Disorder.

¹ *Highlights of Changes from DSM-IV-TR to DSM-5*

² *Fact Sheet 10 DSM-5 and the Autism Spectrum Disorder (This includes discussion on the previous criteria and a comparison).*

³ This was taken from an official email written by the DSS, search for DSM-5 Fact Sheet as it is not online at time of printing

Autism Spectrum Disorder

Diagnostic Criteria

- A. Persistent deficits in social communication and social interaction across multiple contexts, as manifested by the following, currently or by history (examples are illustrative, not exhaustive, see text)
1. Deficits in social-emotional reciprocity, ranging for example, from abnormal social approach and failure of normal back-and-forth conversation; to reduced sharing of interests, emotions, or affect; to failure to initiate or respond to social interactions.
 2. Deficits in nonverbal communicative behaviours used for social interaction, ranging, for example, from poorly integrated verbal and non-verbal communication; to abnormalities in eye contact and body language or deficits in understanding and use of gestures; to a total lack of facial expressions and nonverbal communication.
 3. Deficits in developing, maintaining, and understanding relationships, ranging, for example, from difficulties adjusting behaviour to suit various social contexts; to difficulties in sharing imaginative play or in making friends; to absence of interest in peers.

Specify current severity:

Severity is based on social communication impairments and restricted repetitive patterns of behaviour (see Table 2)

- B. Restricted, repetitive, patterns of behaviour, interests, or activities, as manifested by at least two of the following, currently or by history (examples are illustrative, not exhaustive; see text)
1. Stereotyped or repetitive motor movements, use of objects, or speech (e.g., simple motor stereotypes, lining up toys or flipping objects, echolalia, idiosyncratic phrases).
 2. Insistences on sameness, inflexible adherence to routines, or ritualized patterns, or verbal nonverbal behaviour (e.g., extreme distress at small changes, difficulties with transitions, rigid thinking patterns, greeting rituals, need to take same route or eat food every day)
 3. Highly restricted, fixated interests that are abnormal in intensity or focus (e.g., strong attachment to or preoccupation with unusual objects, excessively circumscribed or perseverative interest).
 4. Hyper- or hypo-reactivity to sensory input or unusual interests in sensory aspects of the environment (e.g., apparent indifference to pain/temperature, adverse response to specific sounds or textures, excessive smelling or touching of objects, visual fascination with lights or movement).

Specify current severity:

Severity is based on social communication impairments and restricted repetitive patterns of behaviour (see Table 2)

- C. Symptoms must be present in the early developmental period (but may not become fully manifest until social demands exceed limited capacities, or may be masked by learned strategies in later life).
- D. Symptoms cause clinically significant impairment in social, occupational, or other important areas of current functioning.
- E. These disturbances are not better explained by intellectual disability (intellectual developmental disorder) or global developmental delay. Intellectual disability and autism spectrum disorder frequently co-occur; to make comorbid diagnoses of autism spectrum disorder and intellectual disability, social communication should be below that expected for general developmental level.

Note: Individuals with a well-established DSM-IV diagnosis of autistic disorder, Asperger's disorder, or pervasive developmental disorder not otherwise specified should be given the diagnosis of autism spectrum disorder. Individuals who have marked deficits in social communication, but whose symptoms do not otherwise meet criteria for autism spectrum disorder, should be evaluated for social (pragmatic) communication disorder.

Specify if:

With or without accompanying intellectual impairment

With or without accompanying language impairment

Associated with a known medical or genetic condition or environmental factor

(Coding note: Use additional code to identify the associated medical or genetic condition.)

Associated with another neurodevelopmental, mental, or behavioural disorder

(Coding note: Use additional code[s] to identify the associated neurodevelopmental, mental, or behavioural disorder[s].)

With catatonia (refer to the criteria for catatonia associated with another mental disorder, pp. 119-120, for definition) **(Coding note:** Use additional code 293.89 [F06.1] catatonia associated with autism spectrum disorder to indicate the presence of the comorbid catatonia.)

*This diagnostic criteria was taken from the **Autism Speaks Website** and is the current diagnostic criteria according to the Diagnostic Statistical Manual Version V*

Further Reading:

Highlights of Changes from DSM-IV-TR to DSM-5

Fact Sheet 10 DSM-5 and Autism Spectrum Disorder – Positive Partnerships

DSM-V Changes to Autism Spectrum Diagnosis – Raising Children Network

DSM-V Diagnostic Criteria – Autism Speaks

Table 2 Severity levels for autism spectrum disorder

Severity level	Social communication	Restricted, repetitive behaviours
Level 3 "Requiring very substantial support"	Severe deficits in verbal and nonverbal social communication skills cause severe impairments in functioning, very limited initiation of social interactions, and minimal response to social overtures from others. For example, a person with few words of intelligible speech who rarely initiates interaction and, when he or she does, makes unusual approaches to meet needs only and responds to only very direct social approaches	Inflexibility of behaviour, extreme difficulty coping with change, or other restricted/repetitive behaviours markedly interfere with functioning in all spheres. Great distress/difficulty changing focus or action.
Level 2 "Requiring substantial support"	Marked deficits in verbal and nonverbal social communication skills; social impairments apparent even with supports in place; limited initiation of social interactions; and reduced or abnormal responses to social overtures from others. For example, a person who speaks simple sentences, whose interaction is limited to narrow special interests, and how has markedly odd nonverbal communication.	Inflexibility of behaviour, difficulty coping with change, or other restricted/repetitive behaviors appear frequently enough to be obvious to the casual observer and interfere with functioning in a variety of contexts. Distress and/or difficulty changing focus or action.
Level 1 "Requiring support"	Without supports in place, deficits in social communication cause noticeable impairments. Difficulty initiating social interactions, and clear examples of atypical or unsuccessful response to social overtures of others. May appear to have decreased interest in social interactions. For example, a person who is able to speak in full sentences and engages in communication but whose to-and-fro conversation with others fails, and whose attempts to make friends are odd and typically unsuccessful.	Inflexibility of behaviour causes significant interference with functioning in one or more contexts. Difficulty switching between activities. Problems of organization and planning hamper independence.

Social (Pragmatic) Communication Disorder

Diagnostic Criteria

- A. Persistent difficulties in the social use of verbal and nonverbal communication as manifested by all of the following”
 - 1. Deficits in using communication for social purposes, such as greeting and sharing information, in a manner that is appropriate for the social context.
 - 2. Impairment of the ability to change communication to match context or the needs of the listener, such as speaking differently in a classroom than on the playground, talking differently to a child than to an adult, and avoiding use of overly formal language.
 - 3. Difficulties following rules for conversation and storytelling, such as taking turns in conversation, rephrasing when misunderstood, and knowing how to use verbal and nonverbal signals to regulate interaction.
 - 4. Difficulties understanding what is not explicitly stated (eg., making inferences) and non-literal or ambiguous meanings of language (e.g., idioms, humour, metaphors, multiple meanings that depend on the context for interpretation)
- B. The deficits result in functional limitations in effective communication, social participation, social relationships, academic achievement, or occupational performance, individually or in combination.
- C. The onset of symptoms is in the early developmental period (but deficits may not be fully manifest until social communication demands exceed limited capacities)
- D. The symptoms are not attributable to another medical or neurological condition or to low abilities in the domains of word structure and grammar, and are not better explained by autism spectrum disorder, intellectual disability (intellectual development disorder), global developmental delay, or another disorder.

Further Reading:

Social Communication (Pragmatic) Disorder – A Fact Sheet, American Psychiatric Publishing

Social Communication Disorders in School Aged Children – American Speech Language Hearing Association

Federal Government Supports and Services

Since the introduction of the *Helping Children with Autism Package* the Government has provided a number of programs to assist families who have a child with a diagnosis of ASD, part of which is the funding for Early Intervention, however this is not where the supports end.

Autism Advisors are available through the Autism Association of Western Australia “following diagnosis or during the diagnostic process, families and carers may contact an Autism Advisor. Access to an Autism Advisor is free. The Autism Advisor Program in Western Australia is made up of a Team Leader and three full-time Autism Advisors. Autism Advisors are based in Perth, providing support to families and carers state wide.”

Contact: 1800 636 427 autismwa@autism.org.au

Playconnect Playgroups have been designed to “benefit the whole family and carers of children aged 0-6 years when children may have needs related to Autism Spectrum (ASD), developmental delays in communication and social skills and/or behavioural and sensory issues. Playconnect Playgroups are available to families awaiting a diagnosis or awaiting appointments for assessment. No referrals are required and children do not need a formal ASD diagnosis for families to be a part of a Playconnect playgroup.”

Contact: 08 9228 8088/1800 171 882 playconnect@playgroupwa.com.au

Early Days Family Workshops is “a series of workshops for mothers, fathers and other family carers of children aged six years or younger who have recently been diagnosed with an autism spectrum disorder or are going through the assessment process.” These workshops are run by the Autism Association of Western Australia

Contact: 1800 636 427 autismwa@autism.org.au

An Autism Spectrum Disorder Website hosted by the Raising Children Network. Some of the functions of this website are:

- “Impartial and evidence based information about ASD and Early Intervention approaches
- Information on diagnosis and assessment
- A guide to navigating the service system
- Locations and contact details of the advisory services and approved Early Intervention services
- Links to other websites and information
- Film Clips
- Parent Forums”

Website: *Children with Autism Spectrum Disorder – Raising Children Network*

Further Reading:

Information about Federal Government Supports and Services can be read further on these links:

*Autism Advisor Program
Early Days Workshops*

*Play Connect Groups
Helping with Children Package*

Important Government Phone Numbers

About	Information	Phone Number
Basics Card	Free Call Basics Card Balance enquiry	1800 057 111
Carers	Carer Payment and Carers Allowance	132 717
Families	Family Tax Benefit, Child Care Benefit, Parenting Payment, Double Orphan Pension, Baby Bonus, Maternity Immunisation Allowance	136 150
Indigenous Australians	Centrelink Indigenous Call Centre	1800 136 380
Job Seekers	Newstart Allowance	132 850
	Youth Allowance	132 490
	Jobs, Education and Training	136 150
Medicare	Medicare General Enquiries	132 011
	Pharmaceutical Benefits Scheme general enquiries	132 290
Online services	Centrelink – support hotline (Selection option 2)	132 307
	Medicare – for general enquiries and where your enquiries will be lodged	132 011
	myGov – a digital service that provides access to services across multiple government agencies (select option 1)	132 307
People with a disability	Disability Support Pension, Mobility Allowance, Sickness Allowance	132 717
Phone self service	Phone Self Service	136 240
Students and Trainees	Youth Allowance, Austudy, Pensioner Education Supplement, Low Income Health Care Card	132 490
	Assistance for Isolated Children	132 318
	Australian Apprenticeships	133 633
	Freecall ABSTUDY – Aboriginal and Torres Strait Islander Students	1800 132 317
Social Work	Social workers are located in service centres and on the phone to help people experiencing a crisis, who have no support or are unsure how to access the right assistance.	131 794

Centrelink Payments

Payment Type (please click on name for link)	Information	Eligibility Criteria	How to Claim
<i>Carer Payment</i>	An income support payment for people who personally provide constant care in the home of someone with a severe disability, illness, or who is frail aged.	<ul style="list-style-type: none"> ▪ You personally provide constant care in the home for someone with a severe disability, medical condition or who is frail aged. ▪ You personally provide that for a significant period, usually a minimum of 6 months ▪ You satisfy an income and assets test 	<ol style="list-style-type: none"> 1. Register an intent to claim 2. Contact Centrelink for your form
<i>Carer Allowance</i>	A supplementary payment for carers who provide additional daily care and attention for someone with a disability or medical condition, or who is frail aged.	<ul style="list-style-type: none"> ▪ Provide additional daily care for a dependent child aged under 16 years, with a disability or medical condition, who lives with you; or ▪ Provide additional daily care for two dependent children with disabilities or medical conditions who do not individually qualify for Carer Allowance, but together have a substantial caring responsibility and live with you; or ▪ Provide additional daily care for a person aged 16 years or over who has a disability, medical condition, or who is frail aged in either your home or in the home of the person you are caring for. 	<ol style="list-style-type: none"> 1. Register an intent to claim 2. Contact Centrelink for your form
<i>Carer Supplement</i>	An annual lump-sum payment to assist carers with the costs of caring for a person with a disability or medical condition	<p>To be eligible for Carer Supplement, you must be in receipt of the following payments on 1 July of each year:</p> <ul style="list-style-type: none"> ▪ Carer Allowance ▪ Carer Payment 	<ol style="list-style-type: none"> 1. Register an intent to claim 2. Contact Centrelink for your form
<i>Carer Adjustment Payment</i>	A one off payment following a catastrophic event when a child under 7 years of age is diagnosed with a severe illness, medical condition or major disability	<ul style="list-style-type: none"> ▪ You must provide full time care for a child under 7 years of age who has been diagnosed with a severe illness, medical condition or major disability following a catastrophic event. ▪ The child requires full-time care for at least two months ▪ The child's carer is receiving Carer Allowance for that child but it not eligible for an income support payment; and ▪ A claim is lodged within 2 years from the date of diagnosis of a severe illness, medical condition or a major disability. ▪ You have a very strong need for financial support immediately after the catastrophic event 	Print and complete the Carer Adjustment Payment Form (click here) using Form SS454

Payment Type (please click on name for link)	Information	Eligibility Criteria	How to Claim
<i>Child Disability Payment</i>	The Child Disability Assistance Payment in an ongoing, non-indexed annual lump sum payment	To be eligible for Child Disability Payment, you must have been paid Carer Allowance for a child under 16 years for a period that includes the 1 July. This includes Carer Allowance backdated to include 1 July You have to receive an instalment of Carer Allowance to receive Child Disability Assistance Payment. Having a Carer Allowance Health Care Card only does not meet the requirements.	No Claim Needed
<i>Continence Aids Payment Scheme</i>	Assists people aged 5 years or more who have permanent and severe incontinence to meet some of the costs of incontinence products Permanent and Severe Incontinence is defined as frequent and uncontrollable, moderate to large loss of urine or faeces and is unlikely to improve with medical, surgical or clinical treatment.	To be eligible the person must be <ul style="list-style-type: none"> ▪ 5 years of age or older ▪ An Australian Citizen or permanent resident of Australia ▪ Have a permanent and severe loss of bladder and/or bowel function (incontinence) caused by: <ul style="list-style-type: none"> - An eligible neurological condition - Another eligible condition, and the applicant or the applicant's custodial parent has a valid Centrelink Pensioner Concession Card or DVA Pensioner Concession Card. The applicant must not <ul style="list-style-type: none"> ▪ Receive a funded package of support from Disability Care Australia ▪ Have transient incontinence (not permanent and severe) (There are other aged care conditions) 	1. Download the CAPS Application Form (click here for link) and complete or call 02 6269 1000 2. Mailed completed application form to Continence Aids Payment Scheme
<i>Disability Support Pension</i>	Financial support for people who have a physical, intellectual, or psychiatric condition that stops them from working or who are permanently blind.	To be eligible <ul style="list-style-type: none"> ▪ Must be aged 16 years or more and under pension age ▪ Permanently blind or have been assessed as having a physical, intellectual, or psychiatric impairment, unable to work, or to be retrained for work for 15 hours a week at or above the relevant minimum wage within the next two years because of your impairment. ▪ Have been assessed as having a severe impairment or as having actively participated in a program of support. ▪ Meet the income and assets tests for your situation ▪ Are able to meet residence requirements <p>For information about Disability Pension Payment ask for Information Form ci001 information Form ci001</p>	1. Register your intent to claim 2. Lodge the following forms Claim for Disability Pension or Sickness Allowance using form SA317B Income and Assets Form using SA369 Medical Report using SA012

Payment Type (please click on name for link)	Information	Eligibility Criteria	How to Claim
<i>Essential Medical Equipment Payment</i>	The Essential Medical Equipment Payment helps eligible households with any impact from the carbon price on everyday expenses.	<ul style="list-style-type: none"> ▪ Are covered by a Commonwealth Concessions card issued by us or the DVA. ▪ Provide proof that the specified equipment or heating/cooling is medically required ▪ Are responsible, either wholly or partly, for meeting the energy costs associated with running the equipment <p>For Information regarding this payment please ask for Information Form CI016</p>	<ol style="list-style-type: none"> 1. Claim Online 2. Get your doctor to fill out Form SA449 <p>The Medical Confirmation Form</p>
<i>Mobility Allowance</i>	Help for people with disability, illness or injury who cannot use public transport without substantial assistance and participate in approved activities	<ul style="list-style-type: none"> ▪ Aged 16 or more ▪ Cannot use public transport without substantial assistance because of disability, illness or injury ▪ Need to travel to and from your home to look for work, do paid work or voluntary work for a charitable, welfare or community organisation, or participate in study or training. Study or training can include secondary school, tertiary studies, trade and vocational courses. <p>You can still qualify for Mobility Allowance if there is no public transport where you live.</p> <p>Information about Claiming for Mobility Allowance</p>	<ol style="list-style-type: none"> 1. Register your intent to claim. 2. Download and lodge the following forms: <p>Claim for Mobility Allowance using form MA001</p> <p>Medical Report for Mobility Allowance using Form MA002</p>
<i>Pensioner Education Supplement</i>	Helps students with the ongoing costs of full time or part-time study in a secondary or tertiary course. This is paid fortnightly.	<ul style="list-style-type: none"> ▪ Carer Payment (Adult and Child) ▪ Disability Support Pension ▪ Parenting Payment Single ▪ Special Benefit as a single parent ▪ Widow Allowance ▪ Widow B Pension ▪ Wife Pension (if your partner receives Disability Support Pension) 	<ol style="list-style-type: none"> 1. Register an Intent to Claim 2. Fill out a Pensioner Education Supplement Form using form SY004
<i>Pension Supplement</i>	Paid as part of certain regular fortnightly income support payments to help eligible people meet the costs of daily household and living expenses, including phone, internet, utilities and pharmaceutical costs	<p>You will get the supplement automatically if you are receiving:</p> <ul style="list-style-type: none"> ▪ Age Pension ▪ Bereavement Allowance ▪ Carer Payment ▪ Disability Support Pension ▪ Widow B and Wife Pension <p>You can choose to receive part of the supplement, known as the Minimum Pension Supplement amount, as a quarterly Payment.</p>	No need to claim

Payment Type (please click on name for link)	Information	Eligibility Criteria	How to Claim
<p><i>Assistance for Isolated Children Scheme</i></p>		<p>You may be eligible for Assistance for Isolated Children Scheme payments if:</p> <ul style="list-style-type: none"> - you meet residence requirements - your family home is geographically isolated from an appropriate state school, the student has a disability or a special health related or educational need that cannot be met at a local state school - the student does not have reasonable daily access to state schooling for at least 20 school days in a year for reasons beyond the family's control - the student is not geographically isolated but they do not have reasonable daily access to state schooling, <p>and the student:</p> <ul style="list-style-type: none"> - boards away from home at a school or hostel or privately, or - can go to school daily because your family has a second home, or lives at home and is undertaking distance education or approved home schooling 	<ol style="list-style-type: none"> 1. Register your intent to claim. 2. Fill out the Assistance for Isolated Children Claim Form SY040 3. Provide supporting documentation 4. Submit your claim.

State Government Supports and Services

Child Development Population Health Great Southern		P	08 9892 2499
		F	08 9841 6827
		M	
		E	
Street Address	Population Health, Albany Health Campus, Warden Avenue, Albany, 6330	Postal Address	P.O Box 5147, Albany, 6332
<p>The Child Development Team provides services to Children from 0 – 18 years of age. Anyone can make a referral to the Team and services are provided free of charge.</p> <p>The Child Development Team is located at Albany Health Campus near the Hydrotherapy Pool. The Team consists of an Audiologist, Dietician, Occupational Therapists, Physiotherapists, Speech Pathologists, Social Worker and Allied Health Assistants. A Paediatrician and Child Health Nurse are also based at the Centre. Visiting Specialists such as a Geneticist and Paediatric Cardiologist operate from the Centre when visiting Albany.</p> <p>There is a waiting list for services and the wait time for services varies with each professional group. Therapy is offered on an individual or group basis, and is offered in blocks as negotiated with each Therapist. Specialist Teams are also available to provide intervention for feeding issues, Sensory Processing Difficulties and to provide customised equipment where required.</p> <p>Therapy can be clinic, home, day care or school based depending on the age of the child. Child Development Team staff work closely with other agencies within the Community to provide a holistic approach for the child and the family.</p>			

 		P	08 9845 5700
		F	08 9842 9561
		W	www.disability.wa.gov.au
		E	dsc@dsc.wa.gov.au
Street Address	75 Albany Highway, Albany, 6330	Postal Address	PO Box 1889, Albany, 6331

The Commission works in partnership with service providers and other government departments to provide information supports and services to people with disability, their families and carers. The Commission's **Local Area Coordination** program has been supporting Western Australians with disability since 1988. Local Area Coordinators (LACs) use local knowledge to help people advocate, plan, organise and access the support and services they need to live a good life. LACs also work with family members and Carers, helping them to strengthen their caring role. Essentially, LACs work with people with disability, their families and Carers to:

- Build and maintain effective working relationships
- Provide accurate and timely information
- Provide support and assistance to identify goals, strengths and needs
- Promote self-advocacy and provide advocacy support when necessary
- Build inclusive communities through partnerships and collaboration

LAC support is available to eligible people with intellectual, physical, sensory, neurological and/or cognitive disabilities who are under the age of 65 at the time they apply.


Please refer to the Commission's *website* for detailed information about eligibility. As a general guide, to be eligible for disability services a person must meet **all** of the following:


- have a permanent disability which is attributable to either an intellectual, cognitive, neurological, sensory or physical impairment, or a combination of these impairments
- need significant and ongoing help every day with either self-care, communication, mobility, making decisions, interacting with others
- be legally entitled to permanently reside in Australia
- Permanently reside in Western Australia.

Eligibility considers not only a diagnosis or condition, but how this affects a person's everyday life. It is important to note that not everyone who is eligible needs or wants to receive services. While a person may be found eligible, please be aware there is no automatic entitlement to services.

Please refer to the Commission's *website* , or contact your Local Area Coordination office for any further assistance.


Other Supports, Services and Businesses

	P	1300 885 886		
	F	08 9381 0611		
	W	FB Search Independent Living Centre WA W www.ilc.com.au		
	E	general@ilc.com.au		
Street Address	The Niche, 11 Aberdare Road, Nedlands, 6009	Postal Address	The Niche, 11 Aberdare Road, Nedlands, 6009	
<p>The ILC provides information and advice, assessment, funding and hire services that enable Western Australians of all ages and abilities to live more independent and fulfilling lives. ILC also provides information in the form of webinars.</p> <p>Service areas include assistive technology and equipment, Noah's Ark WA, occupational therapy driver assessment, Home and Community Care Regional Assessment and grants and equipment funding.</p> <p>The ILC is a not for profit organisation staffed by experienced health professionals who aim to help people find solutions for living independently.</p> <p>The ILC's services area accessed by people with a disability, older people, their carers, service providers, health professionals, educators and suppliers. These services are accessible also via video conferencing through various locations in the Albany area.</p>				
Better Access		Medicare EFT Claim	CCB	DMS / ESS

	P	08 9355 3655	
	F	08 9355 5122	
	W	www.variety.org.au/WA/How-we-help-/Apply-for-assistance/	
	E	info@varietywa.org.au	
Street Address	102 Burswood Road, Burswood, 6100	Postal Address	PO Box 669, Victoria Park, 6979
<p>The Variety WA grants program provides tangible equipment, programs and experiences that empower WA children in need to live, laugh and learn.</p> <p>To apply for assistance you must be able to demonstrate a genuine need (including financial evidence) on how the assistance required will meet this need. In most instances, you'll also require supporting letters (e.g. Specialists, Therapists, Teachers, LACs) from relevant professionals and quotes for the items requested.</p>			

 <p>Rainbow Coast Neighbourhood Centre 219 North Road ALBANY WA 6330 Tel: 9841 8254 Email: admin@rcnc.org.au ABN 59712143650</p>	P	08 9841 8254		
	FB	Search <i>Rainbow Coast Neighbourhood Centre</i>		
	W	www.rcnc.com.au		
	E	admin@rcnc.org.au		
Street Address	219 North Road, Albany, 6330		Postal Address	219 North Road, Albany, 6330
<p>Services and resources for families with children in the 0 to 5 age group. General parenting courses, playgroup, rhyme time sessions, support groups for parents with multiple births, teenage mothers and miracle babies. Time out craft groups for parents, all are crèche supported.</p>				

<p>Choice Control Friends</p>  <p>youniverse My life to the max youniverse.org.au</p>	P	08 9204 7800		
	FB	Search <i>Youniverse</i>		
	W	www.youniverse.org.au		
	E	susan@youniverse.org.au		
Street Address			Postal Address	C/O Perth Home Care Services, PO Box 1597, Osborne Park DC, 6916
<p>Youniverse assists people to build collective capacity (a Youniverse) around an individual, so that they have more choice, control and friends. A microboard is an example of collective capacity.</p> <p>A microboard is a small group of people, typically committed family and friends of a person who experiences challenges in life, which forms an incorporated association for the benefit of that person. The microboard creates a way for the person's goals, dreams, needs and desires to be reflected in their decisions and actions (i.e. uses a person-centred approach). It also helps the wider community to have a relationship with the person and to benefit from their contribution.</p> <p>Youniverse also delivers training to families and organisation, related to building capacity to support a person's choice, control and friends. See the Youniverse <i>website</i> for more details.</p>				

	P	08 9844 4916	
	M	0408 914 324	
	FB	Search for <u><i>ScheduleU</i></u>	
	E	nikkifarmer@bigpond.com	
Street Address	19 Connelly St, Little Grove. 6330	Postal Address	19 Connelly St, Little Grove. 6330

I create visual schedules that are tailor made to the individual's requirements. These can be used at home, school, work or for recreation.

Available are:

- Visual books designed to the individual's needs, these contain visuals and worded phrases that are able to be used when requesting items whilst shopping, dining out, etc.
- Step-by-step visual guides also available for hand washing, toilet training and any other tasks as required.
- Token rewards cards, rewards charts, homework schedules, etc.

Please feel free to call me to discuss any of your visual requirements.

	<h2 style="text-align: center;">Kez's Goodies for Mum's and Co</h2>		M	0403 513 032
			FB	Search for <i>Kezs Goodies</i>
			E	<i>kezsgoodies@bigpond.com</i>
Street Address		Postal Address	PO Box 4064, Spencer Park, 6330	

Kez's goodies for Mum's and Co specialises in creating products for parents and children alike. As a Mother to two children with special needs, I began to make visuals to help my children to do daily tasks and to help our everyday life easier. Some of the products already available are:

- Morning and Evening Routines for Children
- Weekly Routines including static and changeable icons
- Speech therapy aids eg... Story Board for News
- What's Next (based on First and Then principles)
- School PECS charts
- Conversation Cards

Orders are available either printed or in digital form and we are able to send to clients if needed. Please enquire if you have a custom order and a quote will be provided.

Concessions, Benefits and Services

Type of Rebate	Information for Eligibility
Synergy	Health Care and Pension Card holders are entitled to Rebates on their account.
Department of Transport	<ul style="list-style-type: none"> - Concessions available for Pension Card Holders only on license and registrations. <i>Driver's License Concession Form</i> <i>Motor Vehicle License Concession Form</i> - <i>Taxi Users Subsidy Scheme (TUSS)</i> provides taxi travel at a reduced rate for people who have a severe permanent disability that will always prevent them from using conventional public transport services. Children under ten are not eligible unless confined to a wheelchair.
Companion Card	The Companion Card is a card issued to people with a significant and permanent disability who require attendant care support from a companion to participate at most venues and activities.
Country Aged Pension Fuel Card	The Country Age Pension Fuel Card provides eligible pensioners with up to \$500 a year towards the cost of fuel and/or taxi travel from participating providers.
Patient Assisted Travel Scheme	The Patient Assisted Travel Scheme (PATS) provides a subsidy towards the cost of travel and accommodation for eligible permanent country residents, and their approved escorts, who are required to travel a long distance to access certain categories of specialist medical services. Not eligible for allied health. <i>Resource and Accommodation options</i>
Boarding Away from Home Allowance	<p>The Boarding Away From Home Allowance (BAHA) helps secondary students from isolated areas in Western Australia to attend public and private schools and gain access to quality secondary education.</p> <p>More than 2,000 students, who live 56km or more from their nearest school, benefit from the allowance each year.</p> <p>The allowance enables children to attend any residential college or boarding school in WA that offers the appropriate year of study. This includes the WA Government's nine residential colleges.</p>
Hardships Utilities Grant Scheme (HUGS)	HUGS is a State Government scheme which provides financial assistance to help people with financial difficulties pay their water, gas and electricity bills so their supply is not cut off.
Transwa Public Transport	Western Australian Residents with a valid Health Care Card or Pension Card are entitled to a 50% concession on fares. To be eligible one must be the Primary Card Holder.
Bus transport	Primary Concession Card Holders may be eligible for discounted fares or free transport depending on the transport provider.
Saver Plus	Saver Plus is a 10 month financial education and matched savings program that assists people to build savings for their own or their children's education. ANZ will match participant savings up to \$500.
WA NILS Loan	WA NILS is a not for profit organisation which grants small loans at 0% interest to eligible families and individuals on a low income.
StepUp Loan	StepUP Loans are a not-for-profit loan developed by NAB and Good Shepherd Youth & Family Service. These personal, unsecured loans are between \$800 and \$3000 for individuals and families living on a low income and are offered at a basic interest rate of 3.99%

This is not an exhaustive list of all of the concessions, benefits and services that may be available to Carers and those with ASD.

H

Healthcare Services

Medicare Benefits are not limited to doctor's visits, hospital stays and other medical services. The Federal Government also provides initiatives and schemes through Medicare which enable access to Allied Health services for the diagnosis and treatment of Autism Spectrum Disorder..

	Purpose	Further Information
Chronic Disease Management Plan 5 Allied Health Services per calendar year ongoing.	People with a chronic medical condition may be able to get Medicare benefits to cover allied health services to help manage their condition.	<i>Chronic Disease Management Plan</i>
Helping Children with Autism Program Up to 4 diagnostic/assessment appointments and 20 treatment services over the child's lifetime (Can only use either the HCWAP or Better Start, not both)	For the early diagnosis and treatment of children with autism or any other pervasive developmental disorder (PDD)	<i>Helping Children with Autism Program Website</i>
Better Access to Mental Health Up to 10 appointments per calendar year	Aims to improve outcomes for people with a clinically-diagnosed mental disorder through evidence based treatment.	<i>Better Access to Mental Health Care</i>
Better Outcomes to Mental Health Access to Allied Health Psychological Services (ATAPS) up to 12 sessions per calendar year	Provides access to Allied Mental Health Professionals. May not be used in conjunction with the Better Access initiative.	<i>Better Outcomes to Mental Health</i>

You may also be able to claim services through your private health provider if you are unable to or have used your Medicare entitlements for your child.

D

Pathway to Diagnosis

Where do I Start?

A lot of thought and searching has brought you to this place and you have decided it is now time to seek a diagnosis. The journey to this point can feel long, however you are just beginning. If you are reading this then you may be relieved to know that one of the aims of this directory is to answer this very question of “Where do I start?”.

All Australian states have set guidelines and practices for the diagnosis of Autism Spectrum Disorder. Each State has different guidelines and to be successfully diagnosed in Western Australia, one must go through the process as set out by the Western Australian Autism Diagnosticians’ Forum. Each clinician who participates in the process needs to be recognised as a clinician who diagnoses Autism.

What’s involved in an Autism Spectrum Disorder Assessment?

“In Western Australia, an individual is diagnosed with an ASD if a team of professionals, all experienced in ASD Assessment and diagnosis, agree on the diagnosis. Therefore:

- Children (aged up to 12 years) must be seen by a paediatrician (and a psychiatrist if mental health concerns are also identified), a psychologist and a speech pathologist; and
- Assessments for adolescents (aged 12 to 17 years) and adults (aged 18 years and older) are carried out by a clinical psychologist, a paediatrician (up to 17 years) and/or psychiatrist. A speech pathologist is consulted as needed.

ASD Assessments may be conducted:

- Within a multidisciplinary team setting (such as those provided at Disability Services Commission Metropolitan and Country Autism Services, or the Health Department’s Child Development Centre); or
- By individual professionals who work separately but collaboratively (such as those in private practice)

Regardless of the assessment model used, once the assessments are completed, the professionals involved communicate their findings with the other members of their assessment team and reach a joint decision regarding the most appropriate diagnosis.”⁴

How can I get a diagnosis?

To begin the diagnosis process, you need to first start at your local GP. Head to your GP and explain your concerns and ask for a referral for autism assessment. Here you will need to decide whether you would like to pursue assessment privately or publicly. If you pursue the diagnosis via private assessment providers, you will have to pay for the assessment. You may be able to access Medicare rebates through the Helping Children with Autism Program. If you pursue your assessment through the Disability Services Commission, there are no costs, but normal waiting lists do apply.

Websites providing information on the process of diagnosis

Management of assessment and diagnoses for children with autism spectrum disorders: The Western Australian Model I know every child is different, but I’m still worried... A guide to assessment and treatment of autism spectrum disorder – Australian Psychological Society.

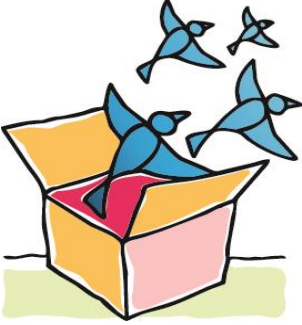
Helping Children with Autism – Australian Psychological Society

Autism Spectrum Disorders: Assessment Process in Western Australia – Western Australian Autism Diagnostician’s Forum . WAADF Inc.

Autism Spectrum Disorder Assessments in Western Australian – Autism WA

⁴ This information was quoted from a flyer *Who Provides ASD Assessments in WA?* produced by WAADF

Great Southern Psychiatric and Psychological Services		P	08 9847 4900
		F	08 9847 4911
		M	0417 195 296
		E	<i>toni.jones@gspps.com.au</i>
Street Address	Shop 8, 5 St Emilie Way, Albany, 6330	Postal Address	PO Box 496, Albany, 6331
<p>Clinical Psychology and Clinical Neuropsychology. Working with children, adolescents and adults with ASD and other disabilities, learning difficulties, as well as anxiety/self-esteem.</p>			
FaHCSIA	Better Start	DSC	CDMP
Better Access	Medicare EFT Claim	CCB	DMS / ESS

	Kathy Ziatas Speech Pathology	P	08 9450 6939
		F	08 9450 6972
		W	<i>www.kzspeech.com.au</i>
		FB	<i>www.facebook.com/KZSpeech</i>
		E	<i>info@kzspeech.com.au</i>
Street Address	106 Stirling Terrace, Albany, WA, 6330	Postal Address	PO Box 7001, Karawara, 6152
<p>Opening in 1992, Kathy Ziatas Speech Pathology (KZ Speech) was established to cater to children and adolescents diagnosed within the Autism Spectrum. With sixteen health professionals and many more support staff located in Perth and Albany the practice is now widely recognised by medical professionals who regularly and increasingly refer clientele for diagnosis and treatment.</p>			
<p>KZ Speech specialises in the following areas</p>			
<ul style="list-style-type: none"> ▪ Diagnostic Assessments ▪ Early Intervention ▪ Specialist Programmes ▪ School Support Services ▪ Speech Therapy ▪ Social Skills Groups ▪ Person Centred Planning ▪ Occupational Therapy ▪ Group based therapies ▪ School Screening 			
FaHCSIA	Better Start	DSC	CDMP
Better Access	Medicare EFT Claim	CCB	DMS / ESS

E

Early Intervention

When parents discover their child has an Autism Spectrum Disorder, they are often inundated with information, therapy opportunities and different ways of addressing the ongoing issues that are facing the family. The Federal Government provides assistance for eligible children and their families through the **Helping Children with Autism Package**, a large part of which is funding for Early Intervention.

What is Early Intervention?

Early Intervention refers to the “delivery of multidisciplinary evidence based therapies to facilitate improved cognitive, emotional and social development prior to a child starting school.”

The reason why the Federal Government has been willing to invest in Early Intervention is that simply stated it works. *The Autism Community* comments that the:

Research shows that children who receive intensive early intervention services are more likely to have improved long-term outcomes. These services can maximize their learning potential by addressing communication, play, problem behaviours and overall skill development from a very early age. We know, through extensive brain research, that neural plasticity (the brain’s ability to learn new skills) decreases with age. When children are very young their neural plasticity is high, but as they get older it decreases. When this plasticity decreases, it becomes more difficult to learn new skills.

This is not to say that individuals with autism are not able to learn skills if intervention is not started by a certain age. Their brains, just like everyone else’s, are capable of learning and using new skills and information at any time. Behaviourally speaking, however, as we all age and grow the skills we have learned which are effective and efficient will be more difficult to change due to a longer history of reinforcement. So the earlier we intervene to address an individual’s difficulties with communication, social interactions and problem behaviours the more likely we are to elicit quick and positive change.⁵

Choosing the right Early Intervention

There has been some helpful research in regards to evaluating Early Intervention and choosing a Provider. The basis of the Government’s approach to funding early intervention is directed towards evidence based therapies. However there are some therapies that have not had the opportunity to gather evidence but may prove beneficial to a child/adolescent with an Autism Spectrum Disorder.

Further Reading:

Early Intervention for Children with Autism Spectrum Disorders: Guidelines for Best Practice by Margaret Prior and Jacqueline Roberts

A review of the Research to identify the most effective models of practice in Early Intervention for Children with Autism Spectrum Disorders, by Margaret Prior and Jacqueline Roberts.

Eligibility for Government Funded Intervention by Autism WA

⁵ *Early Intervention – Autism Community*

 <p>Kathy Ziatas Speech Pathology</p>	P	08 9450 6939	
	F	08 9450 6972	
	W	www.kzspeech.com.au	
	FB	www.facebook.com/KZSpeech	
	E	info@kzspeech.com.au	
Street Address	106 Stirling Terrace, Albany, 6330	Postal Address	PO Box 7001, Karawara, 6152

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- Early Intervention
- Specialist Programmes
- School Support Services
- Speech Therapy
- Social Skills Groups
- Person Centred Planning
- Occupational Therapy
- Group based therapies
- School Screening

FaHCSIA	Better Start	DSC	CDMP
Better Access	Medicare EFT Claim	CCB	DMS / ESS

 <p>wizetherapy maximizing participation</p>	P	08 9317 7932	
	F	08 9317 7914	
	E	info@wizetherapy.com.au	
	W	www.wizetherapy.com.au	
Street Address	Lots 4-6, First Floor Booragoon Commercial Centre, 175 Davy Street, Booragoon , 6154	Postal Address	PO Box 4035 Myaree Business Centre Myaree, 6960

Wizetherapy is a children's practice providing Speech Pathology, Occupational Therapy and Physiotherapy to babies, children and adolescents with varying needs in Booragoon including our School Holiday Programs. Between Clinic Visits, we are able to support children in Albany through Skype sessions, teleconference sessions, phone and email contact.

We are a private clinic; in addition we can provide services under Chronic Disease Management Plans, FaHCSIA Helping Children with Autism and Better Start Funding. PITS post intervention support from PMH and several small funding bodies. Please call our friendly reception staff with any queries you may have.

FaHCSIA	Better Start	DSC	CDMP
Better Access	Medicare EFT Claim	CCB	DMS / ESS

**Diagnostic Assessments
Speech Therapy
Occupational Therapy
Early Intervention
Social Skills Groups
Group Based Therapies
Specialist Programmes
Person Centered Planning
School Screenings
School Support Services
Intensive Programmes
On-Site Support
FaHCSIA & BetterStart**



With an office in Albany,
KZ Speech is now able to fully support The
Greater Southern Region.

Tel: 08 9450 6939

Fax: 08 9450 6972

e-Mail: info@kzspeech.com.au

Web: www.kzspeech.com.au

**Kathy Ziatas
Speech Pathology**

T

Therapy Services

Great Southern Psychiatric and Psychological Services	P	08 9847 4900		
	F	08 9847 4911		
	M	0417 195 296		
	E	<i>toni.jones@gspps.com.au</i>		
Street Address	Shop 8, 5 St Emilie Way, Albany, 6330		Postal Address	PO Box 496, Albany, 6331
<p>Clinical Psychology and Clinical Neuropsychology. Working with children, adolescents and adults with ASD and other disabilities, learning difficulties, as well as anxiety/self-esteem.</p>				
FaHCSIA	Better Start	DSC	CDMP	
Better Access	Medicare EFT Claim	CCB	DMS / ESS	

Roslyn Fitzpatrick	P	08 9841 8886		
	F			
	E	<i>roslyn_f@bigpond.com</i>		
	M	0429 895 773		
Street Address	Shop 1, 96-102 Stirling Terrace (in Arcade opposite hair dressers), Albany, 6330		Postal Address	Shop 1, 96-102 Stirling Terrace , Albany, 6330
<p>Therapy for Children, Adolescents, Adults – Mental Health Intervention: Interpersonal Therapy, Cognitive Behavioural Therapy, Family Therapy, Behavioural Therapy, Psycho-education, Skills Development, Adjustment Disorders, Life Transitions, Crisis. Self-Referral, GP Mental Health Care Plan (Better Access/Better Outcomes).</p>				
FaHCSIA	Better Start	DSC	CDMP	
Better Access/Outcomes	Medicare EFT Claim	CCB	DMS / ESS	

	P	08 9841 3241	
	F	08 9842 1556	
	E	melynnda.jelly@activ.asn.au	
	W	www.activ.asn.au	
Street Address	66B Grey Street Albany, 6330	Postal Address	PO Box 5558, Albany, 6330

Activ Albany provides a range of services for people living with disabilities

- Activ Individualised Services is where choices and control over services is driven by the individual and their families, they decide at what level they wish to manage their own funding and supports and how they want to live their lives.
- Community Based Activities These activities chosen, and planned with the individual as supported by the Activ Team, engaging the individual as much or as little as is required to enjoy the experience.
- Supported Living Options Activ provides supports as identified by the person to meet their identified needs where a person lives in an independent or sharing living situations, or with family.
- Employment we support individuals to gain meaningful and sustainable employment opportunities.
- HACC this services is to support individuals to develop, maintain and, or regain independence in their physical, emotional and social functioning whilst living in their own community. Activ Albany provides Occupational Therapy Services from their Central Services Office in Perth

FaHCSIA/DSS	Better Start	DSC	CDMP
Better Access	Medicare EFT Claim	CCB	DMS / ESS

	Kathy Ziatas Speech Pathology	P	08 9450 6939
		F	08 9450 6972
		W	www.kzspeech.com.au
		FB	www.facebook.com/KZSpeech
		E	info@kzspeech.com.au
Street Address	106 Stirling Terrace, Albany, WA, 6330	Postal Address	PO Box 7001, Karawara, 6152

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- | | | |
|---------------------------|------------------------------|-------------------------|
| ▪ Diagnostic Assessments | ▪ Speech Therapy | ▪ Occupational Therapy |
| ▪ Early Intervention | ▪ Social Skills Groups | ▪ Group based therapies |
| ▪ Specialist Programmes | ▪ Person Centred
Planning | ▪ School Screening |
| ▪ School Support Services | | |

FaHCSIA	Better Start	DSC	CDMP
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		P	08 9317 7932
		F	08 9317 7914
		E	info@wizetherapy.com.au
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<p>Wizetherapy is a children's practice providing Speech Pathology, Occupational Therapy and Physiotherapy to babies, children and adolescents with varying needs in Booragoon including our School Holiday Programs. Between Clinic Visits, we are able to support children in Albany through Skype sessions, teleconference sessions, phone and email contact.</p> <p>We are a private clinic; in addition we can provide services under Chronic Disease Management Plans, FaHCSIA Helping Children with Autism and Better Start Funding. PITS post intervention support from PMH and several small funding bodies. Please call our friendly reception staff with any queries you may have.</p>			
FaHCSIA	Better Start	DSC	CDMP
Better Access	Medicare EFT Claim	CCB	DMS / ESS

Alternative Therapies

<p>METAMORPHOSIS Donna Armanasco</p>		P	08 9853 1076
		M	0439 131 041
		E	armada@omninet.net.au
		W	www.metamorphis-rsj-ireland.ie www.metamorphis-rsj.com
Street Address	4/4 Peels Place, Albany, WA	Postal Address	3514 Chester pass Road, Porongurup, 6324
<p>A simple means of eliminating deeply seated stress in the unconscious mind. We use reflex points on the hand, feet and head to access the unconscious conditioning factors which came in at conception. These factors determine the illnesses of the mind and body. There is no limit to age or severity of the condition. It is easy for parents and carers to learn.</p> <p>Sessions are ½ - 1 hour at a cost of \$50 per hour.</p>			
FaHCSIA	Better Start	DSC	CDMP
Better Access	Medicare EFT Claim	CCB	DMS / ESS

Metamorphis RPM-Rapid Prompting Method		P	
		M	0413 277 767
		E	<i>tin_yi@hotmail.com</i>
		W	<i>www.metamorphosis-st-john.com</i>
Street Address	4/4 Peels Place, Albany, WA	Postal Address	3514 Chester pass Road, Porongurup, 6324
<p>Metamorphis addresses the underlying attitudes of mind behind illnesses of mind and body, regardless of age or condition. It is a means of re-educating the unconscious mind and can work with eliminating the barriers of the autistic condition. Coupled with the RPM-Rapid Prompting Method; a practical method of education and communication, Metamorphis may assist individuals with autism to find and live a practical and creative quality of life.</p>			
FaHCSIA	Better Start	DSC	CDMP
Better Access	Medicare EFT Claim	CCB	DMS / ESS

C

Childcare and Vacation Care

There are times when we need to find alternative care arrangements for our children no matter what age they are. In Australia we have an established system of childcare and vacation care. When a parent has children with special needs there can be the additional challenge of finding the right carer. When looking for alternative care for our children these are the things that a parent needs to know.

Simplifying Child Care Benefit and the Child Care Rebate

Child Care Benefit

If you are eligible for Child Care Benefit (a phone call to Centrelink on 136 150 will tell you), depending on the income test you are able to then claim Child Care Benefit from a Provider. The payment rates are divided into approved care or registered care. Approved care for example is through a Child Care Centre. Registered Care can be provided by family/relatives, but the rate per hour paid by Child Care Benefit will be much lower. Generally the rates are provided for up to 50 hours per week. Your rebate is calculated and will be referred to as a percentage rate of the Child Care Benefit some may get 100% others may get lower depending on your individual family situation.

Child Care Rebate

The Child Care Rebate has similar eligibility criteria but works on a completely different system. Child Care Rebate is a system where your rebate “is based on 50% of your out of pocket expenses. The maximum amount you can claim per year is \$7500 per child. There are *four different payment methods*. You can choose from all methods. All include a reduction of 15% which is withheld and paid when your income is balanced at the end of the financial year.

There are other types of assistance available that may be relevant for your situation. It is worthwhile to contact Centrelink in this case.

Further assistance for special needs

As you may be aware, there may be the need to have further assistance for a Child Care Service to be able to meet your child’s needs. This is called Inclusive Child Care. If your child meets the criteria, the Child Care Centre will then receive additional funding to better support your child. There is also additional training available to Child Care Centres to equip them to meet the needs of children with Autism and other special needs. This is provided in Western Australia by *Child Australia*.

If you are experiencing any issues with your Child Care Centre, first consult your Child Care Centre’s Policies on Complaints and Special Needs and go through the process with your Child Care Centre. If this process is not successful you can then contact your local Department of Local Government and Communities (City or Town Council). They are responsible for handling complaints about the services of Child Care Centres.


Further Reading


What are my Child Care Options – My Child


An explanation of the different type and terms of Child Care available

My Child Website A website you can search for local Child Care Centres

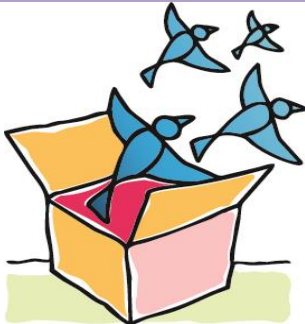
Childcare Services

	P F E W	08 9842 9998	
		08 9842 3119	
		<i>albany@wanslea.asn.au</i>	
		<i>www.wanslea.asn.au</i>	
Street Address	26 Prior Street, Albany, 6330	Postal Address	P.O Box 5023, Albany, 6330
<p>Wanslea is a not-for-profit, non-government agency providing services to children and families in Western Australia. Wanslea's services are provided through Wanslea Family Services and Wanslea Early Learning and Development in the Great Southern and across Western Australia. Services available in the Great Southern are:</p> <p><u>In Home Care</u> Child Care provided in the child's home for eligible families.</p> <p><u>Family Day Care</u> Quality education and care that meets National Quality Standards and takes place in the private homes of registered educators.</p>			
FaHCSIA Better Access	Better Start Medicare EFT Claim	DSC CCB	CDMP DMS / ESS

	P F E W	08 9851 2020	
		<i>albany@wanslea.asn.au</i>	
		<i>www.wanslea.asn.au</i>	
Street Address	1 Marmion Street, Mount Barker, 6330	Postal Address	1 Marmion Street, Mount Barker, 6330
<p>Wanslea is a not-for-profit, non-government agency providing services to children and families in Western Australia. Wanslea's services are provided through Wanslea Family Services and Wanslea Early Learning in the Great Southern and across Western Australia.</p> <p>Services available in the Mount Barker include a Long Day Care for up to 28 children.</p>			
FaHCSIA Better Access	Better Start Medicare EFT Claim	DSC CCB	CDMP DMS / ESS

 <p>YMCA We build strong PEOPLE strong FAMILIES strong COMMUNITIES</p>	P F E W	08 9842 5580	
		08 9842 5579	
		albanyelc@ymca.org.au	
		www.perth.ymca.org.au	
Street Address	35 Beaufort Road, Albany, 6330	Postal Address	35 Beaufort Road, Albany, 6330
<p>YMCA Albany Early Learning Centre is a not-for-profit long day care centre open Monday – Friday 7:30 – 6pm</p> <p>The educators at YMCA Albany ELC feel like they are a family, supporting other families and their children. They are flexible, adaptable, family orientated and nurturing. They have educators of different ages and backgrounds, and are very welcoming to each individual family who enters the Centre.</p>			
FaHCSIA	Better Start	DSC	CDMP
Better Access	Medicare EFT Claim	CCB	DMS / ESS

Vacation Programs and Care

	Kathy Ziatas Speech Pathology	P F W FB E	08 9450 6939
			08 9450 6972
			www.kzspeech.com.au
			www.facebook.com/KZSpeech
			info@kzspeech.com.au
Street Address	106 Stirling Terrace, Albany, WA, 6330	Postal Address	PO Box 7001, Karawara, 6152
<p>Opening in 1992, Kathy Ziatas Speech Pathology (KZ Speech) was established to cater to children and adolescents diagnosed within the Autism Spectrum. With sixteen health professionals and many more support staff located in Perth and Albany the practice is now widely recognised by medical professionals who regularly and increasingly refer clientele for diagnosis and treatment.</p> <p>KZ Speech specialises in the following areas</p> <ul style="list-style-type: none"> ▪ Diagnostic Assessments ▪ Early Intervention ▪ Specialist Programmes ▪ School Support Services ▪ Speech Therapy ▪ Social Skills Groups ▪ Person Centred Planning ▪ Occupational Therapy ▪ Group based therapies ▪ School Screening 			
FaHCSIA	Better Start	DSC	CDMP
Better Access	Medicare EFT Claim	CCB	DMS / ESS

	P	08 9841 3241	
	F	08 9842 1556	
	E	<i>melynnda.jelly@activ.asn.au</i>	
	W	<i>www.activ.asn.au</i>	
Street Address	66B Grey Street Albany, 6330	Postal Address	PO Box 5558, Albany, 6330

Activ Albany provides a range of services for people living with disabilities

- Activ Individualised Services is where choices and control over services is driven by the individual and their families, they decide at what level they wish to manage their own funding and supports and how they want to live their lives.
- Community Based Activities These activities chosen, and planned with the individual as supported by the Activ Team, engaging the individual as much or as little as is required to enjoy the experience.
- Supported Living Options Activ provides supports as identified by the person to meet their identified needs where a person lives in an independent or sharing living situations, or with family.
- Employment we support individuals to gain meaningful and sustainable employment opportunities.
- HACC this services is to support individuals to develop, maintain and, or regain independence in their physical, emotional and social functioning whilst living in their own community.

FaHCSIA/DSS	Better Start	DSC	CDMP
Better Access	Medicare EFT Claim	CCB	DMS / ESS

	P	08 6241 6690	
	F	08 9240 1741	
	E	<i>coord@kidscamps.org.au</i>	
	W	<i>www.kidscamps.org.au</i>	
Street Address	11 Kirke Street, Balcatta, 6021	Postal Address	11 Kirke Street, Balcatta, 6021

Kids' Camps provides challenging and meaningful recreation and respite camps for children with Autism or intellectual disabilities and a much needed break for their families/carers. This is achieved through the provision of school holiday and weekend camps throughout the year. Camps offered around WA for age groups between 5 and 25.

Funding is available to attend Kids' Camps through Commonwealth Respite & Carelink Centre

FaHCSIA	Better Start	DSC	CDMP
Better Access	Medicare EFT Claim	CCB	DMS / ESS

Do you have a child with special needs?



Spencer Park Education Support Centre

We are Albany's only inclusive specialist primary school for children with learning disabilities. Co-located on the Spencer Park Primary Campus, we have:

- Specialist staff
- Small class sizes
- High ratio of staff per student
- Transport assistance/bus
- Specialised programs for your child leaning needs

We focus on literacy and numeracy and offer horse riding, swimming, hydrotherapy, cooking, intense speech, Picture Exchange Communication System (PECS), PATHS, Protective Behaviours and community access.

Ask about our Early Intervention Program for Kindergarten and Pre-primary children with Autism or Global Development Delay

For more information telephone the Principal on

08 9841 1537

Hardie Road, Albany WA 6330

www.spencerparkesc.wa.edu.au

E

Education

In Australia we are blessed with choice as to where we send our children and adolescents for their years at school. It is a big decision considering that our children, based on a child attending till they're 15 or their 15th year will spend roughly 12,875 hours at school. This influence and experience for our children is very significant. Education has the power to mould, shape and change our children.

Standards for Schools and Disabilities

All schools are accountable to certain guidelines for providing education and especially education for students with a disabilities or special needs. The overarching standard is that all "education and training providers.. seek to ensure that students with disability can access and participate in education on the same basis as other students." *Disability Standards of Education*. Please contact your school for other guidelines which may be in place for your school.

Additional Training and Workshops

Schools and parents are able to access help through *Positive Partnerships*. The Positive Partnerships initiative is funded by the Australian Government Department of Education through the Helping Children with Autism Package. It uses evidence based materials and practical resources to deliver online courses, training for teachers and school leaders, and workshops for parents and carers. Parents and staff of schools are also able to access training, workshops and online webinars through the *Autism Association of Western Australia*. These online webinars provide information on a range of topics parents may find relevant to supporting children, teens and adults with Autism Spectrum Disorder.

Working with your school to meet the needs of your child

- 1** **Communicate regularly**
 This is the beginning and the end of a good relationship with the school. Some schools use communication books and emails. If the issue is important, leaving a note for the teacher to contact you at a later time in the day can be helpful.
- 2** **Share with the school who your child is**
 As a parent it is easy to discuss the things that your child needs to work on or develop and the behavioural issues. Make sure you share your child's interests, their habits and the things they are good at as well. Some parents use a document like a communication passport or profile with pictures.
- 3** **Believe the best first**
 Every situation has two points of view, when confronted with any situation or issue, before taking any action speak to the other party (eg. Teacher) to get their side of the story. As some issues that sound alarming can have a simple explanation.
- 4** **If there is a complaint, work your way up**
 If there are any issues that you need to make a complaint, start with the person first and give them the right to respond and rectify the situation. Before you take it further, let that person know.

Where does a parent begin?

When approaching a school to enrol your child, consider the following points so that you can start well.

1

Be prepared

As a parent of a child with Autism you will no doubt have been to many appointments and have many reports on your child. Compile these reports together and photocopy the most relevant reports that describe your child's individual learning needs and their strengths. This would include of course the letter you received when your child was diagnosed.

2

Consider the schools available

Knowing your child and their learning needs, then look at the schools in your area. Take into consideration whether they may be able to attend an Education Support Centre.

3

Allow time

Once you have decided on a school, contact the school you have chosen to find out whether or not your child is able to enrol there. Some schools such as Support Centres may have strict criteria. Allowing time, gives the school a chance to apply for funding for your child, should it be needed.

4

Begin the process of transition

Once you have chosen your school, it is vitally important to work with your child's therapist and the school to begin the process of adjusting. Each child is different but preparing the child at home and in therapy for activities such as mat time, completing activities at a table and toileting hygiene are helpful. It may not mean that they may not be able to master each skill, but practicing at home can make the transition to school life easier and they can build on their skills.

5

Before the day

Where appropriate, involve your child in the preparations for school. Get them to try their uniform on before the first day (which may mean washing the uniform to make it softer etc...). A positive lead from Mum and Dad will reduce the levels of anxiety that may be present.

6

On the day

Use the skills you have been working on during the lead up to the first day. Be clear about the morning routine, when you will leave and what will be happening. Work with the school staff to allow the handover to school to be as smooth as possible. For example if your child is upset, request the help from a member of staff to look after your child when you leave.

Tables above have provided by Kerry Harvey

Further Reading

Enrolment Policy – Department of Education

Pay attention to Pages 8-9, 11 and 13.

Enrolment for Students with a Disability.


Disability Standards for Education


Home Education


Schools Plus

Catholic Education Office


AISWA


	P	08 9441 1600	
	F	08 9244 2786	
	E	reception@ais.wa.edu.au	
	W	www.ais.wa.edu.au	
Street Address	Suite 3 / 41 Walters Drive Osborne Park, 6017	Postal Address	PO Box 1817 Osborne Park DC, 6916
<p>As a sector, independent schools are diverse in nature. They provide for students of all abilities-including an increasing number of students with special needs from all social and ethnic backgrounds. They provide quality schooling for a wide range of communities, including some of Western Australia's most remote and disadvantaged Indigenous communities, communities in regional towns and cities and diverse communities in Perth.</p> <p>Many independent schools espouse a religious or values-based education, while others promote a particular educational philosophy.</p>			
Education	AISWA	Independent	All Ages

 <p>Albany Secondary Education Support Centre <i>Excellence in Specialised Education</i></p>	P	08 9841 4900	
	F	08 9841 5655	
	E		
	W	www.albanysecondaryesc.wa.edu.au	
Street Address	65 Anson Road, Albany, 6330	Postal Address	65 Anson Road, Albany, 6330
<p>Providing a high quality secondary school for children with specialised needs</p> <p>We offer your child:</p> <ul style="list-style-type: none"> ▪ An individual learning program ▪ Small class sizes; high staff to student ratio ▪ Specialist teachers and support staff ▪ Opportunity to participate in Bush Ranger Cadets, workplace learning, horticulture and Vocational Education and Training and ASDAN accredited courses. <p>Your child will:</p> <ul style="list-style-type: none"> ▪ Learn important skills for their future, eg. employability skills ▪ Develop social and interpersonal skills ▪ Develop genuine friendships 			
Education Support	Schools Plus	Independent Public	7-12

 CATHOLIC EDUCATION OFFICE OF WESTERN AUSTRALIA	P F E W	08 6380 5200	
		08 9381 3201	
		<i>communications@ceo.wa.edu.au</i>	
		Internet.ceo.wa.edu.au	
Street Address	50 Ruislip Street Leederville , 6007	Postal Address	PO Box 198 Leederville, 6903
<p>A Catholic school has a distinctive ethos. Jesus' teachings and Gospel values are the educational norms that permeate Catholic school life. Students in our schools have an opportunity to experience learning as an exciting challenge and a lifelong endeavour.</p> <p>They do this through a curriculum that is student-centred and teaches that knowledge brings responsibility.</p>			
Education	Catholic Education	Catholic	All Ages

	P F E W	08 9841 1537	
		08 9841 6143	
		<i>diane.edwards@education.wa.edu.au</i>	
		<i>www.spencerparkesc.wa.edu.au</i>	
Street Address	Hardie Road, Spencer Park, 6330	Postal Address	Hardie Road, Spencer Park, 6330
<p>We are Albany's only inclusive specialist primary school for children in K-7 with learning disabilities. Co-located on the Spencer Park Primary Campus, we have:</p> <ul style="list-style-type: none"> ▪ Early Intervention Program for Kindergarten and Pre- Primary children with Autism or Global Developmental Delay ▪ Specialist staff ▪ High ratio of staff per student ▪ Specialised programs for your child's learning needs ▪ Small Class Sizes ▪ Transport Assistance/Bus Available 			
Education Support	Schools Plus	Public	K-6 (7 in 2014)

 <p>Department of Education</p> <p>Albany Local Education Office</p>	P F E W	08 9841 0333	
		08 9841 7542	
		<i>Southwest.ERO@education.wa.edu.au</i>	
		<i>Main Website</i> <i>Schools Plus</i> <i>Schools Online</i> (search for your local schools)	
Street Address	85 Serpentine Road, Albany, 6330	Postal Address	PO Box 198 Leederville WA, 6903
<p>Western Australian public schools are committed to providing a quality education for all students within a safe, inclusive and caring learning environment. We offer a range of support services and programs to ensure your child feels a sense of belonging and receives the best possible education.</p> <p>Additional Services: <i>School of Special Educational Needs - Disability</i> <i>School of Educational Needs – Medical and Mental Health</i> <i>School of Special Education Needs - Sensory</i></p>			

 <p>Department of Education</p> <p>Consulting Teacher Service</p>	P F E W	08 9841 7533	
		Schools need to invite Consulting Teachers to assist.	
		<i>Main Website</i> <i>School of Special Educational Needs</i>	
Street Address	C/O Yakamia Primary School, Beaufort Road, Albany, 6330	Postal Address	C/O Yakamia Primary School, Beaufort Road, Albany, 6330
<p>A Consulting Teacher's role is to provide support services to provide adjustments and Professional Learning to assist Students with Disabilities</p> <p>Consulting Teachers work collaboratively with other agencies, with the individual student and the school as the focus. Consulting Teachers explore effective educational strategies with school personnel, work shoulder to shoulder with classroom teachers and education assistants (special needs) and model the recommended strategies in the classroom. Consulting Teachers are available to work with the school leadership team and key teachers to plan and deliver whole school professional learning that meets the school's identified needs.</p> <p>The Consulting Teachers work in a variety of modes including consultation with the teacher on a range of curriculum access issues. They model recommended teaching strategies, support planning, resourcing, and student transition; provide proactive support for the school leadership team in relation to a broad range of inclusive education issues and professional learning for small groups of staff or the entire staff.</p>			

F

Funding and Brokerage



P	08 9841 3241
F	08 9842 1556
E	melynnda.jelly@activ.asn.au
W	www.activ.asn.au

Street Address

 66B Grey Street Albany,
6330

Postal Address

 PO Box 5558, Albany,
6330

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FaHCSIA/DSS	Better Start	DSC	CDMP
Better Access	Medicare EFT Claim	CCB	DMS / ESS


Commonwealth Respite and Carelink Centre

P	1800 152 222
E	1800 059 059 (Emergency)
W	www9.health.gov.au/ccsd/index.cfm
E	

Each Commonwealth Respite and Carelink Centre has extensive regional networks and maintains a comprehensive database containing community aged care, disability and other support services available, to establish networks with local providers and ensure information is up to date.

The Centres can also help arrange respite, when carers need to take a break from caring. They do this by acting as a single contact point for information needed by carers and by organising, purchasing, or managing respite care assistance packages for carers. Examples of respite care assistance include in-home respite care; support workers to assist you when you are taking a break from home; and residential respite care.

FaHCSIA	Better Start	DSC	CDMP
Better Access	Medicare EFT Claim	CCB	DMS / ESS

		P	1300 885 886
		F	08 9381 0611
		E	general@ilc.com.au
		W	ilc.com.au/funding/ www.ilc.com.au
Street Address	The Niche, 11 Aberdare Road, Nedlands, 6009	Postal Address	The Niche, 11 Aberdare Road, Nedlands, 6009
<p>The ILC provides information and advice, assessment, funding and hire services that enable Western Australians of all ages and abilities to live more independent and fulfilling lives. ILC also provides information in the form of webinars.</p> <p>Service areas include assistive technology and equipment, Noah's Ark WA, occupational therapy driver assessment, Home and Community Care Regional Assessment and grants and equipment funding.</p> <p>The ILC is a not-for-profit organisation staffed by experienced health professionals who aim to help people find solutions for living independently.</p> <p>The ILC's services area accessed by people with a disability, older people, their carers, service providers, health professionals, educators and suppliers. These services are accessible also via video conferencing through various locations in the Albany area.</p> <p>Grants available: Disability Equipment Grant, Equipment for Living Grant. ILC are able to refer you to other grants if suitable for your situation.</p>			
FaHCSIA	Better Start	DSC	CDMP
Better Access	Medicare EFT Claim	CCB	DMS / ESS

		P	08 9355 3655
		F	08 9355 5122
		W	www.variety.org.au/WA/How-we-help-/Apply-for-assistance/
		E	info@varietywa.org.au
Street Address	102 Burswood Road, Burswood, 6100	Postal Address	PO Box 669, Victoria Park, 6979
<p>The Variety WA grants program provides tangible equipment, programs and experiences that empower WA children in need to live, laugh and learn.</p> <p>To apply for assistance you must be able to demonstrate a genuine need (including financial evidence) on how the assistance required will meet this need. In most instances, you'll also require supporting letters (e.g. Specialists, Therapists, Teachers, LACs) from relevant professionals and quotes for the items requested.</p>			
FaHCSIA	Better Start	DSC	CDMP
Better Access	Medicare EFT Claim	CCB	DMS / ESS



Activ Individualised Services

Where **YOU** are the expert in
your life

Activ Individualised Services (AIS) offers
a range of flexible individual options:

- You choose how you want to live your life
- You decide how to best allocate, control and manage your own supports



P

Post School Options and Alternatives to Employment

The Governments, both State and Federal, have implemented many different forms of funding for Post School Options, Alternatives to Employment and other options for those living with an Autism Spectrum Disorder.

Post School Options and Alternatives to Employment Programs

“People with high-support needs who require an alternative to paid employment can access a range of opportunities to develop skills and participate within their community. There are two pathways to access the Alternatives to Employment Program:

- If you are in your last year of school or have left school within the previous two years you can apply through the *Post School Options Program*
- If you are an adult or have left school for more than two years, you may be eligible for assistance through the Alternatives to Employment Program for adults.

Funding

Applications for the Alternatives to Employment (adult) program funding are made through the *Combined Application Process*. ... Before applying for the Alternatives to Employment Program, contact a *Local Area Coordinator* (through Disability Services Commission) or one of the services providers listed in the *directory of service providers*. They will help clarify whether you are eligible and need to sign any application forms.”⁶

Disability Employment Services

The Federal Government provides further support should anyone with a Disability like to seek work but may need support to do so. This is called Disability Employment Services⁷

<i>Jobs in Jeopardy scheme</i>	Helps if you are at risk of losing your job because of illness, injury or disability, to stay in your current job, or find a more suitable one with the same employer.
Disability Management Service <i>Disability Employment Services</i>	This service is for people with disability, illness or injury who need the help of an employment service but do not expect to need long-term support in the workplace.
Employment Support Service <i>Disability Employment Services</i>	Provides assistance to people with permanent disability and who need regular, ongoing support to keep a job.
<i>Australian Disability Enterprises</i>	Provides employment to people with disability, illness or injury who are unable to work in the open labour market, such as those who cannot benefit from Disability Employment Services assistance, but who are able to work for at least 8 hours in a supported environment.”

For a list of local Disability Employment Providers in Albany click [here](#)

⁶ Quoted from the Disability Services Commission Article on *Post School Options and Alternatives to Employment*, no alterations have been made to the text.

⁷ All information has been quoted from the *Disability Employment Services Website*

	P	08 9841 3241		
	F	08 9842 1556		
	E	<i>melynnda.jelly@activ.asn.au</i>		
	W	<i>www.activ.asn.au</i>		
Street Address	66B Grey Street Albany, 6330		Postal Address	PO Box 5558, Albany, 6330

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FaHCSIA/DSS	Better Start	DSC	CDMP
Better Access	Medicare EFT Claim	CCB	DMS / ESS

	P	08 9842 3855		
	F	08 9842 2360		
	E	<i>admin@lifeisforliving.org.au</i>		
	W	<i>www.lifeisforliving.org.au</i>		
Street Address	Marina Cottage 322-324 Princess Royal Drive, Albany, 6330		Postal Address	Marina Cottage 322-324 Princess Royal Drive, Albany, 6330

CLA are a disability support organisation that works alongside people with disabilities and their families to provide flexible, self-directed services that give people the power to determine what they want and need to create their own rich and meaningful life.

We implement a range of strategies to support people and families that include Individual Supported Community Living, Co-resident options, Family support and respite, Supported Learning, Community Inclusion, Shared Living and Independent Living and Skills Development.

FaHCSIA/DSS	Better Start	DSC	CDMP
Better Access	Medicare EFT Claim	CCB	DMS / ESS

	Great Southern Personnel	P	08 9842 1510
		E	admin@gsp.org.au
		FB	Search for Great Southern Personnel – GSP
		W	www.gsp.org.au
Street Address	12-21 Aberdeen Street, Albany, 6330	Postal Address	PO Box 5562, Albany, 6330
Employment service assisting people with a disability, illness, or injury to gain and maintain employment.			
FaHCSIA	Better Start	DSC	CDMP
Better Access	Medicare EFT Claim	CCB	DMS / ESS

Relationships Australia.



4families - Family Mental Health Service

All families go through life's ups and downs, this can leave you worried or stressed. You might be concerned about your family's emotional wellbeing. Perhaps your children are experiencing isolation, emotional, behavioural or social problems.

You are not alone. Often families need support to get through the tough times.

How can 4Families help you, by providing a FREE service that supports the well being of children or young people and their families or carers and promotes positive mental health.

You are not alone... Often we need support to get through the tough times!

Who is this service for?

Families and carers with young people and children from birth to 18 years of age, with or at risk of mental health issues who are;
 Living in the areas of Albany, Plantagenet or Denmark
 Experiencing behavioural, emotional and social issues or isolation;
 Not under a DCP Protection Order.

How do you get help?

This is a free service. Individuals and families can call for an appointment or referrals can be made by government and non-government community organisations.

Call us on **9845 7700** to speak to a Family Support Worker

Or visit us at: **118 Serpentine Road, Albany**

www.wa.relationships.com.au








CLA work alongside people and their families to provide flexible, self-directed services that give people the power to determine what they want and need to create their own rich and meaningful life. After all...

Life is for *Living*

Working Together

Everyone supported by CLA work with a coordinator who helps them achieve the service they require.

Supports are provided on an individually negotiated basis and can include:

-  Support to live in your own home;
-  Co-resident or Host Family support;
-  Assistance to access the community and participate in recreational and vocational activities of your choice;
-  Assistance to learn new skills; and
-  Respite options for families.



322-324 Princess Royal Drive
ALBANY WA 6330

Ph: 08 9842 3855
Fax: 08 9842 2360

admin@lifeisforliving.org.au
www.lifeisforliving.org.au



S Support Services


There are many services available to families, carers and the person who has an Autism Spectrum Disorder. Every family and each individual person is affected in different ways, both negative and positive. In this section we are listing support services available to different groups these include: Carers, The Person living with an Autism Spectrum Disorder and Sibling Supports. These Supports can include Counselling, Support Groups as well as other relevant services.


 <p>4Families Family Mental Health Service</p>		P	08 9845 7700 0437 094 225
		F	08 9845 7799
		E	<i>albany@wa.relationships.com.au</i>
		W	<i>www.wa.relationships.com.au</i>
Street Address	118 Serpentine Road, Albany, 6330	Postal Address	P.O Box 1052, Albany, 6331
<p>We are a free service offering support to children, young people and their families and carer’s. These children must be 0 – 18, live in the Albany, Denmark & Plantagenet region and be experiencing or at risk of developing mental illness. We can help with; Counselling, Home-based practical support, Information and referrals, Connect with other services, Groups, Outreach. How do you get help? Call us on 9845 7700 to speak to a Family Support Worker. 118 Serpentine Road, Albany</p> <p>Support for: Carers, Families and Sibling Support</p>			

<p>Roslyn Fitzpatrick</p>		P	08 9841 8886								
		F									
		E	<i>roslyn_f@bigpond.com</i>								
		M	0429895773								
Street Address	Shop 1, 96-102 Stirling Terrace (in Arcade opposite hair dressers), Albany, 6330	Postal Address	Shop 1, 96-102 Stirling Terrace , Albany, 6330								
<p>Therapy for Children, Adolescents, Adults – Mental Health Intervention: Interpersonal Therapy, Cognitive Behavioural Therapy, Family Therapy, Behavioural Therapy, Psycho-education, Skills Development, Adjustment Disorders, Life Transitions, Crisis. Self-Referral, GP Mental Health Care Plan (Better Access/Better Outcomes).</p> <p>Counselling and Support for Carers and their Families</p> <table border="1"> <tr> <td>FaHCSIA</td> <td>Better Start</td> <td>DSC</td> <td>CDMP</td> </tr> <tr> <td>Better Access/Outcomes</td> <td>Medicare EFT Claim</td> <td>CCB</td> <td>DMS / ESS</td> </tr> </table>				FaHCSIA	Better Start	DSC	CDMP	Better Access/Outcomes	Medicare EFT Claim	CCB	DMS / ESS
FaHCSIA	Better Start	DSC	CDMP								
Better Access/Outcomes	Medicare EFT Claim	CCB	DMS / ESS								

Ros Watson		P	0419 905 675
		F	
		E	
		W	
Street Address	5 Young Street, Albany, 6330	Postal Address	5 Young Street, Albany, 6330
Counselling for almost all issues specialising in Carers Issues. Referrals from Carers WA Welcome			
Support for: Carers			
FaHCSIA	Better Start	DSC	CDMP
Better Outcomes&Access	Medicare EFT Claim	CCB	DMS / ESS


 Education Services		P	08 9845 7700 0437 094 225
		F	08 9845 7799
		E	albany@wa.relationships.com.au
		W	www.wa.relationships.com.au
Street Address	118 Serpentine Road, Albany, 6330	Postal Address	P.O Box 1052, Albany, 6331
<p>Everyone can learn how to relate better, either at home, at work or with friends. Whatever stage of life you are at or situation you are in, the benefit of enhancing your relationships is worth the time and effort.</p> <p>Relationships Australia offers a range of one-night seminars and longer courses for individuals, couples and families. Our courses cover a variety of topics including pre-marriage, guidance for couples, and parenting. <i>Click here for a complete listing of all our courses and seminars or visit the website listed above.</i></p> <p>Please call one of our friendly staff at our Albany Office for information on any of the courses we offer.</p>			

		P	General 1300 227 377
		M	Counselling 1800 007 332
		FB	Search for Carers-WA www.facebook/pages/Carers-WA
		E	Jen.dodson@carerswa.asn.au
		W	www.carerswa.asn.au
Street Address	Whitehouse, Albany Health Campus, Hardie Rd, Albany, 6330	Postal Address	PO Box 252, Albany, 6331
<p>Non-for-profit, peak body for family/friend carers providing information, advocacy, social support, education & training and counselling to name a few. Carers WA provide supports for Young Carers; administer the Better Start early intervention and Prepare to Care hospital programs.</p> <p>We also manage the Anne Bluntish retreat, located on the Esplanade South Perth to provide respite for the family carer. This is a 2 bedroom, self-contained apartment at \$15/night/pp.</p> <p>CarersWA are the voice of family carers and represents their interests in the community to achieve an improved quality of life.</p> <p>Support: Carers and Siblings</p>			

		P	0499 766 534
		FB	Search for Autism Support Network for the ASNA Online Support Group (Closed) Search for ASNA: ASNA Main Page (Open Page)
		E	asnalbany@gmail.com info.asnalbany@gmail.com
		Street Address	Please contact ASNA for up to date meeting times and locations
<p>ASNA is a parent-run support group for parents and family of individuals with Autism Spectrum Disorder (ASD). Parents and family of individuals waiting for ASD diagnosis are also welcome. Day meetings are held weekly in addition to once per month evening meetings during school term. Please contact ASNA for locations and times. Members are encouraged to join the ASNA closed facebook group where they can support one another with the challenges of raising a child with ASD. ASNA actively engages with local service providers to ensure that they are aware of the needs of our members and their families. ASNA also undertakes various other activities eg. hosting of training events and information sessions, both in support of our members and with the aim of advocating and raising awareness of Autism in the local community. ASNA members also have access to the comprehensive ASNA library of books relating to Autism.</p> <p>Support: Carers of those with an ASD, those awaiting ASD diagnosis, and service providers/community members seeking information about Autism.</p>			

	P F E W	08 9847 4127	
		08 9842 5250	
		Autism autismsupport@fellowshiphouse.org.au Mental Health c.support@fellowshiphouse.org.au	
		www.fellowshiphouse.org.au	
Street Address	23 Stead Road Albany, 6330	Postal Address	PO Box 5024 Albany, 6332
<p>The program provides care in the form of respite, information, advocacy, referrals and support for carers of family members living with Autism Spectrum Disorder and/or diagnosed mental illnesses.</p> <p>Autism Respite Care Support is available Tuesday and Wednesdays 9am-3pm Support for Carers of family members with Mental Illness is available Monday to Friday 9am-3pm</p> <p>Support: Carers</p>			

	P F E W	08 9842 9998	
		08 9842 3119	
		albany@wanslea.asn.au	
		www.wanslea.asn.au www.mytime.net.au	
Street Address	Held at Wanslea Family Services 26 Prior Street, Albany, 6330	Postal Address	P.O Box 5023, Albany, 6332
<p>MyTime groups provide support for mothers, fathers, grandparents and anyone caring for a child with a disability or chronic medical condition.</p> <p>Support: Carers, an onsite Crèche (via a playhelper) is available</p>			

	P F E W	08 9842 9998	
		08 9842 3119	
		albany@wanslea.asn.au	
		www.wanslea.asn.au	
Street Address	Wanslea Family Services 26 Prior Street, Albany, 6330	Postal Address	P.O Box 5023, Albany, 6332
<p>A Support Group for grandparents who have the responsibility for raising their grandchildren.</p> <p>Support: Carers</p>			

<h2>Survivors Support Group</h2>		P	08 9825 8244
		F	08 9825 8244
		E	<i>blacklam@westnet.com.au</i>
		W	
Street Address	Please contact Tracey Lamont from the Survivors Support Group for venue of their events.	Postal Address	P.O Box 36, Tambellup, 6320
<p>Support and sharing of information for families of individuals on the Autism Spectrum. Supported by our local LAC's and members from Fellowship House in Albany.</p> <p>Support: Carers</p>			

		M	0403 513 032
		FB	Search for WA Special Families www.facebook.com/groups/WASpecialFamilies/
		E	<i>specialfamilies@bigpond.com</i> <i>harveyfive@bigpond.com</i>
		W	www.waspecialfamilies.com
Street Address	Please contact WA Special Families for current event details	Postal Address	
<p>WA Special Families is an online Facebook community for families and carers of children with special needs to communicate, share ideas and chat about life in a special needs family. To become a member, search Facebook for WA Special Families and request to join.</p> <p>WA Special Families also runs regular events for Carers (unpaid) and their families during the year.</p> <p>Support: Carers, Families and Sibling Support</p>			

R

Respite Services

What is Respite?

Often Respite can seem a faraway dream or an impossible arrangement, however, to be able to remain great carers it is essential. What does it really mean and what does it look like for a family?

Respite Care is defined as “an alternative or supplemental care arrangement with the primary purpose of giving the carer a short term break from their usual caring role; and/or assistance with the performance of their caring role on a short term basis”. This is where it can get creative and interesting. It simply means that the Carer gets a break from their role to be just themselves and remove the hat of Carer for half an hour, three hours or a weekend. The time doesn’t matter but the outcome does. It can look like a regular coffee and cake night with some friends or a support worker taking the person who you care for on an outing such as swimming or to the movies.

Respite care is described in two terms, direct and indirect.


- “Direct respite services provide the carer with quality alternative care for the person for whom they are the primary carer. Alternative care may be provided in the home, suitable temporary accommodation or an appropriate community setting
- Indirect respite services provide the carer with assistance which relieves the care of tasks other than the caring role e.g. provision of a shopping or cleaning service.”

The reason why the government provides respite funding for Carers is to enable those who care to be able to continue in their role. This program run by the Federal Government is called the National Respite for Carers Program. It is also a recognition of the importance of caring in the community as well. Some of the issues that face carers is the types of respite can be inflexible and prescribed however Carers may be able to navigate this system to find the support they need.


It helps to understand that funding given to agencies often has differing guidelines for how it can be used. For instance, one service provider may provide funding for the care of your child, whereas another can cover the costs of you – the Carer - having a break from your caring role. Both of these, and funding for indirect services (as defined above), means you may be able to access several forms of respite through different agencies at the same time, if that is what you and your family need.


Most importantly a Carer needs to understand eligibility criteria when you are applying for respite. Every agency has set criteria which make a Carer or care recipient eligible for respite. Criteria are set guidelines for agencies enabling them to assess if a client is eligible for services. In some situations funding for respite is based on the diagnosis of the person you are caring for (in the case of Mental Health Respite). In other situations it is based on the individual you care for being registered or eligible for registration with the Disability Services Commission. There are many ways in which to be eligible for respite and not all rely on registration with the Disability Services Commission.


		P	08 9841 3241
		F	08 9842 1556
		E	<i>melynnda.jelly@activ.asn.au</i>
		W	<i>www.activ.asn.au</i>
Street Address	66B Grey Street Albany, 6330	Postal Address	PO Box 5558, Albany, 6330
<p>Activ Albany provides a range of services for people living with disabilities</p> <ul style="list-style-type: none"> ▪ <u>Activ Individualised Services</u> is where choices and control over services is driven by the individual and their families, they decide at what level they wish to manage their own funding and supports and how they want to live their lives. ▪ <u>Community Based Activities</u> These activities chosen, and planned with the individual as supported by the Activ Team, engaging the individual as much or as little as is required to enjoy the experience. ▪ <u>Supported Living Options</u> Activ provides supports as identified by the person to meet their identified needs where a person lives in an independent or sharing living situations, or with family. ▪ <u>Employment</u> we support individuals to gain meaningful and sustainable employment opportunities. ▪ <u>HACC</u> this services is to support individuals to develop, maintain and, or regain independence in their physical, emotional and social functioning whilst living in their own community. 			
FaHCSIA/DSS	Better Start	DSC	CDMP
Better Access	Medicare EFT Claim	CCB	DMS / ESS

		P	General 1300 227 377
		M	Counselling 1800 007 332
		FB	Search for Carers-WA www.facebook/pages/Carers-WA
		E	<i>Jen.dodson@carerswa.asn.au</i>
W	<i>www.carerswa.asn.au</i>		
Street Address	Whitehouse, Albany Health Campus, Hardie Rd, Albany, 6330	Postal Address	PO Box 252, Albany, 6331
<p>Not-for-profit, peak body for family/friend carers providing information, advocacy, social support, education & training and counselling to name a few. CarersWA provide supports for Young Carers , administer the Better Start early intervention and Prepare to Care hospital programs.</p> <p>We also manage the Anne Bluntish retreat, located on the Esplanade South Perth to provide respite for the family carer. This is a 2 bedroom, self-contained apartment at \$15/night/pp.</p> <p>CarersWA are the voice of family carers and represents their interests in the community to achieve an improved quality of life.</p>			
FaHCSIA	Better Start	DSC	CDMP
Better Access	Medicare EFT Claim	CCB	DMS / ESS

 <p>Community Living Association Inc</p>		P F E W	08 9842 3855
			08 9842 2360
			<i>admin@lifeisforliving.org.au</i>
			<i>www.lifeisforliving.org.au</i>
Street Address	Marina Cottage 322-324 Princess Royal Drive, Albany, 6330	Postal Address	Marina Cottage 322-324 Princess Royal Drive, Albany, 6330
<p>CLA are a disability support organisation that works alongside people with disabilities and their families to provide flexible, self-directed services that give people the power to determine what they want and need to create their own rich and meaningful life.</p> <p>We implement a range of strategies to support people and families that include Individual Supported Community Living, Co-resident options, Family support and respite, Supported Learning, Community Inclusion, Shared Living and Independent Living and Skills Development.</p>			
FaHCSIA/DSS	Better Start	DSC	CDMP
Better Access	Medicare EFT Claim	CCB	DMS / ESS

 <p>Fellowship House Schizophrenia Fellowship Albany & Districts Inc.</p>		P F E W	08 9847 4127
			08 9842 5250
			Autism <i>autismsupport@fellowshiphouse.org.au</i> Mental Health <i>c.support@fellowshiphouse.org.au</i>
			<i>www.fellowshiphouse.org.au</i>
Street Address	23 Stead Road Albany, 6330	Postal Address	PO Box 5024 Albany, 6332
<p>The program provides care in the form of respite, information, advocacy, referrals and support for carers of family members living with Autism Spectrum Disorder and/or diagnosed mental illnesses.</p> <p>Autism Respite Care Support is available Tuesday and Wednesdays 9am-3pm Support for Carers of family members with Mental Illness is available Monday to Friday 9am-3pm</p>			
FaHCSIA	Better Start	DSC	CDMP
Better Access	Medicare EFT Claim	CCB	DMS / ESS

Kalparrin (Parents of Children with Special Needs Inc.) 		P 08 9340 8094 F 08 9380 6114 W www.kalparrin.org.au Facebook: WA Special Families E kalparrin@health.wa.gov.au	
Street Address	Level 4, Hay Street Building, Princess Margaret Hospital, 6008	Postal Address	GPO Box D184, Perth, 6840
<p>Kalparrin takes its name from an Aboriginal word meaning “help carry the load.” At Kalparrin we help families of children with disabilities and special needs carry the load by providing practical information and support, and connecting them with the services that they need. Kalparrin helps families connect with other families in similar situations through Parent Link and to take time out through regular respite activities.</p>			
FaHCSIA	Better Start	DSC	CDMP
Better Access	Medicare EFT Claim	CCB	DMS / ESS

		P 08 6241 6690 F 08 9240 1741 E coord@kidscamps.org.au W www.kidscamps.org.au	
Street Address	11 Kirke Street, Balcatta, 6021	Postal Address	11 Kirke Street, Balcatta, 6021
<p>Kids' Camps provides challenging and meaningful recreation and respite camps for children with Autism or intellectual disabilities and a much needed break for their families/carers. This is achieved through the provision of school holiday and weekend camps throughout the year. Camps offered around WA for age groups between 5 and 25.</p> <p>Funding is available to attend Kids' Camps through Commonwealth Respite and Carelink Centre</p>			
FaHCSIA	Better Start	DSC	CDMP
Better Access	Medicare EFT Claim	CCB	DMS / ESS

L

Assisted Living

	P	08 9841 3241	
	F	08 9842 1556	
	E	<i>melynnda.jelly@activ.asn.au</i>	
	W	<i>www.activ.asn.au</i>	
Street Address	66B Grey Street Albany, 6330	Postal Address	PO Box 5558, Albany, 6330

Activ Albany provides a range of services for people living with disabilities

- Activ Individualised Services is where choices and control over services is driven by the individual and their families, they decide at what level they wish to manage their own funding and supports and how they want to live their lives.
- Community Based Activities These activities chosen, and planned with the individual as supported by the Activ Team, engaging the individual as much or as little as is required to enjoy the experience.
- Supported Living Options Activ provides supports as identified by the person to meet their identified needs where a person lives in an independent or sharing living situations, or with family.
- Employment we support individuals to gain meaningful and sustainable employment opportunities. HACC this services is to support individuals to develop, maintain and, or regain independence in their physical, emotional and social functioning whilst living in their own community.

FaHCSIA/DSS	Better Start	DSC	CDMP
Better Access	Medicare EFT Claim	CCB	DMS / ESS

	P	08 9842 3855	
	F	08 9842 2360	
	E	<i>admin@lifeisforliving.org.au</i>	
	W	<i>www.lifeisforliving.org.au</i>	
Street Address	Marina Cottage 322-324 Princess Royal Drive, Albany, 6330	Postal Address	Marina Cottage 322-324 Princess Royal Drive, Albany, 6330

CLA are a disability support organisation that works alongside people with disabilities and their families to provide flexible, self-directed services that give people the power to determine what they want and need to create their own rich and meaningful life.

We implement a range of strategies to support people and families that include Individual Supported Community Living, Co-resident options, Family support and respite, Supported Learning, Community Inclusion, Shared Living and Independent Living and Skills Development.

FaHCSIA/DSS	Better Start	DSC	CDMP
Better Access	Medicare EFT Claim	CCB	DMS / ESS

A

Advocacy and Legal Service

There are times when a Carer or a Parent of a child, adolescent or adult with an ASD will need to speak up for the person they are caring for. This is a tricky business as there are so many issues that can be so important such as school issues, provision of services and fighting for diagnosis or for funding.


“Advocacy⁸ aims to increase a person’s control over goods, services and quality of life, to develop a sense of empowerment and of being valued as an individual. Advocacy focuses on the needs, wishes and rights, including protection of confidentiality, of that person. The word advocacy comes from Latin and means “to be called to stand beside”. Advocacy entails standing beside someone and supporting them. Advocacy seeks a satisfactory outcome for a person, so as to enhance their rights and dignity. It has a connotation of change, challenging what is unfair, unjust and wrong.”⁹


The role of an advocate can be a professional role or simply a friend or relative that is standing with you on the issue. This is especially important if you feel your voice or that of the person you are caring for is not heard. There are times when a Carer may need help working out the issues, pertaining to a caring role. If such an occasion arises there are many agencies and services that can assist carers and those with a disability with information, legal advice or even just a person to support them in a meeting.

	Individual Disability Advocacy Service (IDAS)	P	08 9842 8599
		F	08 9842 8577
		E	dkay@albanyclc.com.au
		W	www.albanyclc.com.au
Street Address	77 Albany highway, Albany, 6330	Postal Address	P.O Box 5205, Albany, 6332
<p>The Individual Disability Advocacy Service or IDAS is an independent, free and confidential support services for people with disabilities, their family members and carers. This service includes self and individual advocacy.</p> <p>IDAS is a program run from the Albany Community Legal Centre. Wills, Powers of Attorney and Guardianship applications can be prepared by the Centre’s professional staff.</p>			
FaHCSIA	Better Start	DSC	CDMP
Better Access	Medicare EFT Claim	CCB	DMS / ESS

⁸ Advocacy has been described as “functioning (speaking, acting, writing) with minimum conflict of interest on behalf of the sincerely perceived interests of a person or group, in order to promote, protect or defend the welfare of, and justice for, either individuals or groups, in a fashion which strives to be emphatic and vigorous”. (Professor Wolfensberger, Adelaide 1992, quote in Cross J and Zeni L (1993) *Safeguarding Advocacy for People with Disabilities in Australia*, Disability Advisory Council of Australia).

⁹ What is Advocacy, Adacas

		P F E W	08 9892 9700
			08 9892 9777
			<i>albadmin@legalaid.wa.gov.au</i>
			<i>www.legalaid.wa.gov.au</i>
Street Address	Unit 3, 43-47 Duke Street, Albany, 6330	Postal Address	Po Box 5510, Albany, 6332
<p>Legal Services ranging from advice to representation</p>			
FaHCSIA	Better Start	DSC	CDMP
Better Access	Medicare EFT Claim	CCB	DMS / ESS

Choice Control Friends  My life to the max youniverse.org.au		P FB W E	08 9204 7800
			Search <i>Youniverse</i>
			<i>www.youniverse.org.au</i>
			<i>susan@youniverse.org.au</i>
Street Address		Postal Address	C/O Perth Home Care Services, PO Box 1597, Osborne Park DC, 6916
<p>Youniverse assists people to build collective capacity (a Youniverse) around an individual, so that they have more choice, control and friends. A microboard is an example of collective capacity.</p> <p>A microboard is a small group of people, typically committed family and friends of a person who experiences challenges in life, which forms an Incorporated Association for the benefit of that person. The microboard creates a way for the person's goals, dreams, needs and desires to be reflected in their decisions and actions (i.e. uses a person-centred approach). It also helps the wider community to have a relationship with the person and to benefit from their contribution.</p> <p>Youniverse also delivers training to families and organisations, related to building capacity to support a person's choice, control and friends. See the Youniverse <i>website</i> for more details.</p>			
FaHCSIA	Better Start	DSC	CDMP
Better Access	Medicare EFT Claim	CCB	DMS / ESS

I

Index of Services

Services and Agencies that Contributed to a Listing in the Resource and Services Directory

Activ <i>Therapy Services, Funding and Brokerage, Post School Options and Alternatives to Employment, Support Services, Respite Services, Assisted Living, Vacation Programs and Care</i>	AISWA <i>Education</i>
Albany Secondary Education Support Centre <i>Education</i>	Donna Armanasco <i>Therapy Services</i>
Autism Support Network Inc. <i>Support Services</i>	Catholic Education Office <i>Education</i>
Carers Australia <i>Support Services, Respite Services</i>	Child Development, Population Health, Great Southern <i>State Government Supports and Services</i>
Commonwealth Respite and Carelink Centre <i>Funding and Brokerage</i>	Community Living Association Inc. <i>Post School Options and Alternatives to Employment, Assisted Living, Respite Services</i>
Department of Education, Albany Local Education Office <i>Education</i>	Department of Education, Consulting Teacher Service <i>Education</i>
Disability Services Commission <i>State Government Supports and Services</i>	Fellowship House <i>Respite Services, Support Services</i>
Great Southern Personnel <i>Post School Options and Alternatives to Employment</i>	Great Southern Psychiatric and Psychological Services <i>Pathway to Diagnosis, Early Intervention, Therapy Services</i>
IDAS, Albany Community Legal Centre <i>Advocacy and Legal Service</i>	Independent Living Centre WA <i>State Government Supports and Services, Funding and Brokerage</i>
Kathy Ziatas Speech Pathology <i>Pathway to Diagnosis, Early Intervention, Therapy Services, Vacation Programs and Care</i>	Kez's Goodies <i>Other Supports, Services and Businesses</i>
Kids Camps <i>Vacation Programs and Care, Respite Services</i>	Legal Aid <i>Advocacy and Legal Service</i>
My Time <i>Support Services</i>	Rainbow Coast Neighbourhood Centre <i>Other Supports, Services and Businesses</i>
4Families Family Mental Health Service, Relationships Australia <i>Support Services</i>	Relationships Australia, Education Services <i>Support Services</i>

Ros Watson <i>Therapy Services, Support Services</i>	Roslyn Fitzpatrick <i>Therapy Services, Support Services</i>
ScheduleU <i>Other Supports, Services and Businesses</i>	Spencer Park Education Support Centre <i>Education</i>
Survivors Support Group <i>Support Services</i>	Variety – the Children’s Charity <i>State Government Supports and Services, Funding and Brokerage</i>
Grandcare, Wanslea Services <i>Support Services</i>	Wanslea Services <i>Childcare Services</i>
Wanslea Early Learning and Development <i>Childcare Services</i>	Wize Therapy <i>Early Intervention, Therapy Services</i>
WA Special Families <i>Support Services</i>	Youniverse <i>Other Supports, Services and Businesses Advocacy and Legal Service</i>

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